

# PATERNOSTER PROJECT NEWS

ISSUE NO. 5 • OCTOBER 2019



THE OFFICIAL  
NEWSLETTER OF THE  
PATERNOSTER PROJECT NPC

To equip the youth of  
Paternoster for the  
future and to maintain  
local heritage.



Christian Neuber

**T**hree remarkable and richly diverse years have passed since we started work on the Paternoster Project NPC. In these three years, much has happened in Paternoster, this idyllic little fishing village on South Africa's West Coast.

The close and trusting collaboration with members of the community has been improving every month. The *tannies* are now preparing the children's daily lunches in *Hoopsig* (Hope View), the kids' house, and the men have put their strength behind the establishment of the Paternoster Garden. Future projects are discussed in a spirit of openness, and decisions over their implementation are taken together. A much broader awareness has been developing of what Paternoster needs to improve the quality of life for everyone.

On top of this, in the past year, the collaboration between the cooperating universities in South Africa (Stellenbosch) and Germany (Weingarten, Stuttgart, Heidelberg and Freiburg) has grown in strength. The representatives of these institutions are highly motivated and fully committed to make their contribution in Paternoster. As our vision states: "Our aim is to provide the children with a sound foundation for development, which will enable them to live and work successfully and sustainably in Paternoster. Key is a solid, broad-based education, while considering and respecting the local heritage."

We are pleased that with this newsletter, we are able to give you an overview of our work of the past few months. Our efforts attest to enthusiasm and emotional involvement – and, of course, also include much hard work.

Members of the community, the volunteers, our collaborating partners of the universities and, above

all, the children of Paternoster, are united in their endeavours. All of us are pulling together to bring this ambitious vision closer to fruition in the year ahead. We invite you to accompany us into the future and to support us – with your deeds, financial contributions or just words of encouragement.

We appreciate everything, and look forward to keeping you informed of future developments in this exceptional project.

Warm regards

CHRISTIAN NEUBER

... and everyone working with so much love and dedication on the Paternoster Project NPC



The Kirstenbosch outing was thoroughly enjoyed by all the children who participated.



**“ Our aim is to provide the children with a sound foundation for development, which will enable them to live and work successfully and sustainably in Paternoster.”**



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*Paternoster is our Home Town*



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# Paternoster Project NPC members

## Board members



**André Kleynhans**  
SOUTH AFRICA

André Kleynhans has lived in Paternoster for over 30 years. He first worked as a fisherman

and skipper, and is deeply respected by the Paternoster community. In 2003, he started Anker Builders, a highly reputable family business and the only one of its kind based in Paternoster – which also built the iconic Volunteer House. André is renowned for his philanthropy, and last year he received a prestigious Community Award in the category Bridging the Gap between Divided Communities.



**Maike Reinhardt**  
GERMANY

Maike Reinhardt's resolute drive and boundless energy served her well when, working side by side with Christian Neuber, she

started building up the Paternoster Project NPC slightly over two years ago. Based in Stuttgart, Maike brings long-standing experience in an international company to growing the project with the implementation of new ideas. As part of her duties, she coordinates the recruitment of volunteers in Germany, oversees the Paternoster Project NPC and organises the annual international Paternoster Project Conference.



**Sascha Tünnissen**  
GERMANY

Sascha Tünnissen's life in Paternoster started on 4 August 2018. Since then, his short

stint working as a volunteer for the Paternoster Project NPC has turned into a long-term commitment. He is able to draw on his diploma in exhibition and congress management and on 20 years of work experience – gained, among others, by running his own company. It's a long way from Kranenburg, Germany where he was born, but Sascha says he has every reason to stay in Paternoster.

## Project members



**STORY HOOK MANAGER**

**Dr Joan Kruger**  
SOUTH AFRICA

It was an abiding love for words that led to Joan Kruger's career in magazines and publishing, a PhD in

linguistics and, now, Story Hook. She has worked on newspapers and edited women's magazines before switching to custom publishing. Since settling in Paternoster, she has become a full-time writer of historical non-fiction. She and her husband, Douw, are both involved in Story Hook, as they believe it is through books that children become aware of their potential and dare to dream.



**Dr Bernard Rhodes**  
SOUTH AFRICA

Bernard Rhodes, currently chief administrator: Practical Learning at Stellenbosch University, has been actively

involved in lecturing to under- and postgraduate education students for more than 15 years. He also has nearly 30 years' practical experience as an educator at a senior school in a challenging social and economic area in Cape Town. As a resident of the West Coast, he is equally passionate about finding successful solutions to Paternoster's challenges as he is about teacher training.



**Dr Jerome Joorst**  
SOUTH AFRICA

Jerome Joorst has lived and taught as an educator on the West Coast for over 20 years. He is passionate about social justice

and the upliftment of marginalised students. Jerome is a full-time academic in the Department of Education Policy Studies at Stellenbosch University. His research interest is education in rural areas. He has served in various school management and in university youth mentorship structures. His passion and analytical insights add another level of expertise to the Paternoster Project NPC.

## Member of honour

Christian Neuber founded a very successful publishing company in Germany. He is now investing in the future of children, both at home in Germany and in Paternoster, his second home. His belief in the transformational power of education led to the establishment, in



**Christian Neuber**  
GERMANY

2009, of the *Kinder fördern – Zukunft stiften* foundation, and the Paternoster Project NPC in 2016. In 2018, the Saldanha Bay Municipality honoured him with its annual Community Award in recognition of his "exceptional" contribution to education.

# The volunteer teams for 2019



**Dear families of Paternoster,**

**W**e are the volunteers for 2019. In the morning, we will support the crèche with English teaching, sports, teeth cleaning, singing and more. All of us will offer life skills workshops during the afternoon from Monday to Friday in our kids' house, *Hoopsig*, in the centre of Paternoster. We are very excited to teach your children and to have fun with them. Please feel free to come see us and support us – we appreciate every helping hand.

## January to March



**Becci**

Student teacher of education



**Caro**

**LONG-TERM VOLUNTEER**  
Bachelor Business Economics  
and Health Care Management



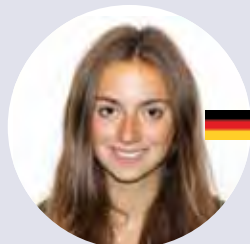
**Hanna**

Student teacher of education



**Nicky**

Education and science  
(kinderkinetics/sport)



**Sarah**

Student teacher of education



**Jan**

Social education worker  
(mobile youth work)



**Julian**

Social education worker  
(mobile youth work)



**Lina**

Student teacher of education

## April to June



**Nicky**

Education and science  
(kinderkinetics/sport)



**Caro**

**LONG-TERM VOLUNTEER**  
Bachelor Business Economics  
and Health Care Management



**Lydia**

Student teacher of education



**Katarina**

Student teacher of education



**Linus**

Student teacher of education



**Giulia**

Student teacher of education



**Muriel**

Student teacher of education



**Nora**

Student teacher of education



## July to September



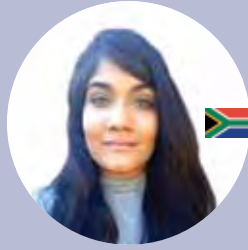
**Michaela**

Student teacher of education



**Caro**

**LONG-TERM VOLUNTEER**  
Bachelor Business Economics  
and Health Care Management



**Candice**

Student teacher of education



**Carolin**

Student teacher of education



**Silke**

Student teacher of education



**Marcel**

Musician and student of social work



**Alviro**

Junior volunteer (Grade 8)



**Anslyn**

Bachelor of Drama and Theatre



**Susanna**

Student teacher of education

## October to December



**Rosi**

Master in Environment,  
Development and Policy



**Caro**

**LONG-TERM VOLUNTEER**  
Bachelor Business Economics  
and Health Care Management



**Timon**

**LONG-TERM VOLUNTEER**  
Bachelor of Social Science



**Janosch**

Student of social science



**Alviro**

Junior volunteer (Grade 8)



**Shanna**

Junior volunteer



**Melanie**

Student of social science



**Lena**

Student teacher of education



**Leonie**

Student teacher of education



**Nadja**

Bachelor of Multilingualism  
and Intercultural Education

# AFTERNOON PROGRAMME

## January to December 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>LIFE SKILLS WORKSHOPS</b>	<b>Dancing</b> Caro & Anslyn/Caro & Muriel/ Caro & Sarah 25 kids max.	<b>Karate</b> Sanna 25 kids max.	<b>Dancing</b> Caro & Anslyn/Caro & Muriel/ Caro & Sarah 25 kids max.	Story Hook  All volos and local volunteers	<b>Karate</b> Sanna – Dancing room 25 kids max.
	<b>Soccer/rugby</b> Marcel/ Nicky 25 kids max.	<b>Boardgames</b> Alviro & Shana/ Linus/ Caro/ Sarah 20 kids max.	<b>Drama</b> Anslyn/ Becci 20 kids max.		<b>Boardgames</b> Alviro & Shana/ Linus/ Caro/ Sarah – Study time room 20 kids max.
	<b>Arts and crafts</b> Sanna & Carolin & Candice/ Katha & Nora/ Nicky & Hanna 20 kids max.	<b>Music</b> Marcel/ Lydia/ Julian 20 kids max.	<b>Flute lesson</b> Silke 10 kids max.		<b>Music/body percussion</b> Marcel/ Lydia/ Julian Youth room 20 kids max.
	<b>Flute lesson</b> Silke 10 kids max.	<b>German</b> Silke & Anslyn 15 kids max.	<b>Arts and crafts</b> Sanna & Carolin & Candice/ Katha & Nora/ Nicky & Hanna 20 kids max.		<b>German</b> Silke – Arts and crafts room 15 kids max.
	<b>Yoga and relaxing</b> Hanna/ Nora 15 kids max.	<b>Paternoster Garden</b> Hedwig & Magda/ Giulia & Lydia/ Jan/ Carolin & Michaela 15 kids max.	<b>Running</b> Nicky 20 kids max.		<b>Drama</b> Anslyn/ Becci – Lunch area 20 kids max.
	<b>Soccer training</b> Jan/ Linus & Muriel 25 kids max.	<b>Soccer training</b> Jan/ Linus & Muriel 25 kids max.	<b>Build it</b> Giulia & Katha/ Lina & Sarah 15 kids max.		<b>Paternoster Garden</b> Hedwig & Magda/ Giulia & Lydia/ Jan/ Carolin & Michaela 15 kids max.
	<b>Build it</b> Giulia & Katha/ Lina & Sarah 15 kids max.	<b>Rugby training</b> Nicky 20 kids max.	<b>Sports &amp; activities (kinderkinetics)</b> Nicky/ Jan & Nicky/ Sarah & Lina 15 kids max.		<b>Sports &amp; activities (kinderkinetics)</b> Nicky/ Jan & Nicky/ Sarah & Lina 15 kids max.
	<b>Music</b> Julian & Becci 20 kids max.	<b>Music</b> Julian & Becci 20 kids max.	<b>German B</b> Lina 10 kids max.		<b>Yoga and relaxing</b> Hanna/ Nora 15 kids max.
	<b>German A</b> Becci 15 kids max.	<b>Newspaper</b> Hanna 10 kids max.			<b>Newspaper</b> Hanna R1 10 kids max.
<b>SUPPORT</b>	<b>Cooking</b> Muriel & Ruby	<b>Cooking</b> Julie & Sally & Lucy	<b>Cooking</b> Muriel & Ruby	<b>Cooking</b> Muriel & Ruby	<b>Cooking</b> Muriel & Ruby
	<b>Cleaning/domestic</b> René	<b>Kitchen</b> Esmeralda	<b>Kitchen</b> René	<b>Kitchen</b> René	<b>Cleaning/domestic</b> Candice
	<b>Gatekeeping/ Maintenance</b> Gerd	<b>Gatekeeping/ Maintenance</b> Gerd	<b>Gatekeeping/ Maintenance</b> Gerd	<b>Gatekeeping/ Maintenance</b> Gerd	<b>Gatekeeping/ Maintenance</b> Gerd





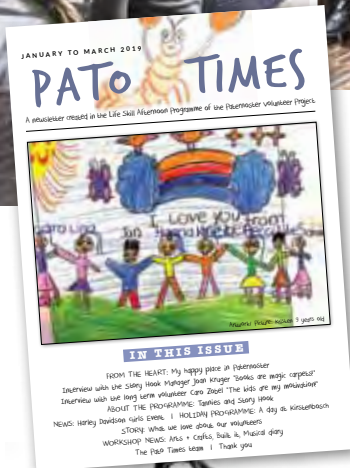
A Pato Times workshop in progress



Julian Zisler leads a music workshop.



Made by children in the Build It workshop



Children rehearsing

## Life skills for all

**T**his year, we offered a wide range of life skills workshops during the afternoon programme. The workshops generally run once or twice a week, for up to six months or even longer. The duration of specific workshops depends on the skill sets of volunteers, who are usually in Paternoster for three to six months.

One of the projects – the newspaper *Pato Times* – has been running since 2017. Children learn the skills of interviewing, writing and taking photographs, as well as being creative. Take a look at their work in the latest issue of *Pato Times*, which can be downloaded from our website: [www.paternosterproject.co.za](http://www.paternosterproject.co.za). German volunteer and journalist, Hana Eder, along with a 20-strong team of local child reporters, created the newspaper, which focuses on life in Paternoster and the children's hopes for the future.

From December 2019, we plan to offer a new workshop on robotics. LEGO robotics is a platform that introduces children to real-world engineering tasks in the design and building of operating robotics. Robotics challenges children from six years old to develop innovative solutions to problems. It opens their minds to learning new skills and harnesses untapped potential. The workshop will be coordinated by our new long-term volunteer, Timon Schatz. He will be trained by the non-governmental organisation (NGO) ORT SA Cape Education, and will offer the robotics programme for 15 months. If any local volunteer is interested in supporting Timon, please contact our programme manager, Dr Bernard Rhodes, on [rhodesb@sun.ac.za](mailto:rhodesb@sun.ac.za). **PP**





## New chapters for Story Hook

BY JOAN KRUGER

**T**hrilling new chapters are constantly being written for Story Hook, the Paternoster Project NPC’s afternoon reading programme for the children of the village.

*Hoopsig* (Hope View), the current kids’ house, with its many rooms and nooks, is ideally suited for reading in little groups. Eight local volunteers team up with the volunteer students to get the children “hooked on books”. This is of vital importance in view of South African learners’ functional illiteracy\*.

There are those children who prefer reading quietly on their own. We let them choose books from the Story Hook library and find their own quiet spot. Then there are those who love taking turns to read aloud to the rest of the group. They get their moments in the spotlight and we all applaud their efforts. For the teenagers, there is a supervised “chill room”, where they can flop down and read magazines or books of their choice.

For those who really, really hate reading, we also have a knitting and crocheting group, where one of the volunteers reads to the children while their hands are being kept busy. After a few weeks of this, some of them are already willing to take their turn to read aloud.

Thursday is the official Story Hook day, but on other days of the week, little groups will gather around a volunteer teacher for impromptu reading.

An important new chapter was added to Story Hook recently when Paternoster’s town librarian, Lalie Beneke, joined our local volunteer group. The local library is a welcoming space where children can spend their free time, and during the recent winter holidays Lalie ran special programmes for them. On any given day you could find groups of children sitting beside the fire, reading, building puzzles or playing chess. The little ones from the crèche also come to the library in groups to listen to stories.

Book lovers tend to congregate, and it wasn’t long before the *tannies* – the volunteers who prepare the children’s lunches – wanted their own book club. We obliged them by starting the Story Hook book exchange. A special box of donated books is kept at *Hoopsig* and everyone is free to pick books from there.

At the rate books are being read in Story Hook, we constantly need new books. Up to now, we have managed to build up a small library, thanks to donations from book lovers, publishers, bookstore chains and the Paternoster Project NPC. We nevertheless felt the need for a discretionary fund to acquire books suitable to our children’s needs. And so we hit on the idea of a birthday calendar, featuring the stunning photographs of Adrian Venter. Adrian generously donated his photos, and the calendar will be available in time for the flower season’s visitors. We appeal to locals and visitors: please help us expand our library by buying this beautiful calendar as a memento of your visit, or as your contribution towards our children’s future. In this way, you will help our children write the next chapter in their own lives. **PP**

*\*Eight out of 10 South African Grade 4 children cannot read for meaning in any language, according to the Progress in International Reading Literacy Study (PIRLS) 2016.*



Lalie Beneke, Paternoster’s town librarian, reads to a group of children from the crèche.

“The local library is a welcoming space where local children can spend their free time ...”







All proceeds will go towards the PATERNOSTER PROJECT NPC'S literacy initiative

# Birthday CALENDAR

PATERNOSTER PROJECT NPC

PATERNOSTER, SOUTH AFRICA

January

1	2
3	4
5	6
7	8
9	10
11	12
13	14
15	16
17	18
19	20
21	22
23	24
25	26
27	28
29	30
31	

February

1	2
3	4
5	6
7	8
9	10
11	12
13	14
15	16
17	18
19	20
21	22
23	24
25	26
27	28
29	29
30	

March

1	2
3	4
5	6
7	8
9	10
11	12
13	14
15	16
17	18
19	20
21	22
23	24
25	26
27	28
29	30
31	

The Paternoster birthday calendar: a thoughtful gift that will enable us to buy books for Story Hook. It is on sale for R125 at Voorstrandt Restaurant, at Jêm & Pantoffels and at Cathy's Café.





Painted container



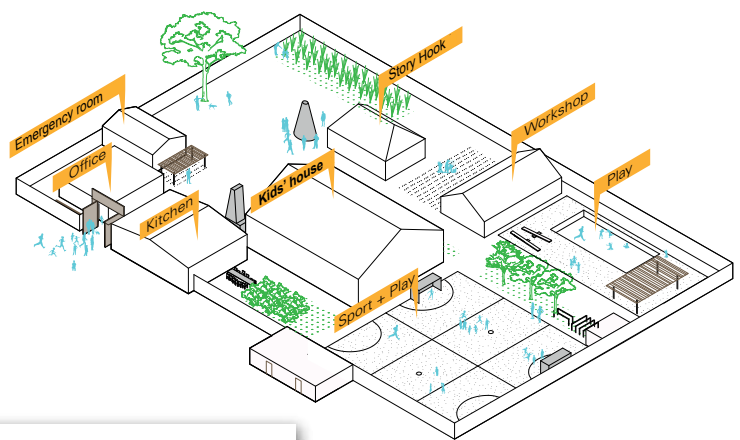
First kids' house from Paternoster Fishery



Original container at St Augustine's Primary School



Second kids' house from Paternoster Fishery



The future kids' house plans

**“The objective of the Paternoster Project NPC remains: ‘Building a protected space for the development of the children and the youth of Paternoster’.”**



“ We have a dream to build a new kids’ house that will be able to accommodate up to 180 children.”

## From a container to a village

**I**t all started at St Augustine’s Primary School in Paternoster in October 2016. Four German volunteers arrived carrying books, board games and sports equipment, and were offered an old container to store their equipment and serve as their base.

Since reading is a core skill that we wanted children to learn, the container was also used for Story Hook. We tried to create a homely and welcoming environment for the children, which we did with the assistance of project stakeholders – notably Paternoster Fishery. The roof and windows were repaired, the container was painted and the interior was furnished with big, colourful cushions to encourage relaxation and reading.

It was also Paternoster Fishery that, two years later, gave the project a house to use – rent-free – for the afternoon programme. This new location attracted even more children to join the programme and numbers grew from 40 to 70, with eight volunteers assisting.

This house also quickly became too small. In March 2019, the afternoon programme moved to an even bigger house – also courtesy of Paternoster Fishery. This charming old house, called *Hoopsig* (Hope View), has plenty

of space, with the added advantage of a large enough outside area to incorporate a food garden.

The objective of the Paternoster Project NPC remains: “Building a protected space for the development of the children and the youth of Paternoster.” But what does this mean for 2020? We have a dream to build a new kids’ house that will be able to accommodate up to 180 children. Even better will be if the house is bordered by sports fields, and parkour could be moved there, too. A kitchen could be added and the Paternoster Garden could be developed step by step. Plus, Story Hook could have its own space, there would be play areas and space for the different life skills activities. It would be a children’s village.

Let’s start making this dream a reality. Opening the discussion at the coming Paternoster Project Conference is an excellent place to start. **PP**

## Cathy’s Café opens soon

**B**uilt as part of the Volunteer House, Cathy’s Café has been named to honour German long-term volunteer, Cathy Kwiatkowski, who died in a car accident near Vredenburg last year. Paternoster Xpress owner, Ingrid Steenkamp, will manage the café, which will be open by late October or early November 2019.

“There will be something for everyone and everybody is welcome – locals and tourists,” says Ingrid. “The idea is to offer good home fair – light meals, sandwiches and breakfasts – something that you can also grab and eat as you walk to the beach.” It will be about uncomplicated but quality comfort food, and the menu will be designed as far as possible with respect to what other establishments are serving. There may also be a “meal of the day” on the menu, and homemade gelato during the summer months.

Importantly, only local people will be employed at Cathy’s Café. “Everyone who works here must be deserving and enthusiastic, and show that they are serious and are willing to work hard. There are plenty of people in Paternoster who will be suitable and who do want to work hard and get experience. I think it’s possible to create various jobs, some also part time,” says Ingrid.

Cathy’s Café can seat up to 24 people and will be open during the day, for breakfast and lunch. It will also be available to hire for small daytime functions. “I want Cathy’s Café to be inviting, cosy, relaxed, fun and a little bit quirky, like Paternoster,” smiles Ingrid.



Ingrid and Sascha

In a nutshell, she says the café is going to be a comfortable place with good-quality food and where the community is empowered to learn new skills about customer service, running a business and more. The rental from the shop will supplement the maintenance of the house and the Paternoster Project.

“I have a passion for this, I can see the potential and I understand the vision,” says Ingrid. “I really want it to succeed, and if I can help to set it up so it creates jobs and inspires local people, that would make me very happy.” **PP**

*Cathy's*  
CAFÉ

# Project participation – the kids need you!

**A** powerful statement was made at the last Paternoster Project Conference in October 2018 – that children, parents and stakeholders need to participate in the project for it to be sustainable. This means there needs to be teamwork and consultation to enable joint goal-setting and decision-making – and the Paternoster Project Conference gives the opportunity for all of this.

The collective objective of the Paternoster community should ideally be the same as that of the Paternoster Project NPC: to equip the youth for the future and to maintain the local heritage. To meet this objective, we need the inclusion of the community, and especially the parents and *tannies* of the community with their expertise and experience.

The number of children coming to the kids' house is growing. After the winter holiday break, 105 kids participated – which is too many for just eight volunteers to handle. We would never deny children's participation, so we also need support from the Paternoster community in the afternoons.

There are many good examples of participation, and here we share just a few that are making a positive impact on children's lives.

## THE COOKING *TANNIES*

When the food donations stopped for the afternoon programme in December 2018, a team of six *tannies* stepped in immediately to help. In teams of two, they cook with love and passion for the children from Monday to Friday. The current cooking *tannies* are Muriel Jason, Joleen Coraizin, Elisabeth Jacobs, Juliana Clarke, Sally Kuinders and Evalyn Sampson, who all help to make the kids' house feel like a home.

## REFLECTION WORKSHOPS WITH DUSTIN CORAIZIN

Dustin grew up in Paternoster and is currently busy with his master's thesis in education through Stellenbosch University. He has been involved with the project since the early days, and offered a quarterly Saturday morning workshop for the German volunteers to help them understand the culture and livelihoods of Paternoster.

## HOMEWORK IN AFRIKAANS

The South African volunteers – Michaela, Anslyn and Candice – are Afrikaans-speaking, so they can assist children with homework in their home language. The volunteers were selected by Dr Jerome Joorst and Dr Bernard Rhodes from Stellenbosch University, and will be in Paternoster until October.

## JUNIOR VOLUNTEER ALVIRO

Alviro is at high school in Vredenburg, and in the afternoons he volunteers at the after-school programme. He is being coached and supported by the other volunteers and is taking on more responsibility all the time.







René Victor is washing dishes.

## PARTICIPATION WORKSHOP WITH MOTHERS

This workshop was run for the mothers and guardians of children in the afternoon programme. Goals included greater commitment to the programme, increased involvement and decision-making with parents and guardians, prioritising the needs of parents and guardians for their children in the programme, working in partnership so the children receive optimal support in the programme and at home, and better support of parents and guardians through the programme.

Participants committed to being involved in the programme, with the following mothers supporting the life skills programme in the afternoons: René Victor, who cleans the kitchen and bathroom and serves meals to the children; Esmeralda Coraizin, who also assists with cleaning and serving meals, but is focused on discipline during meal times; and Candice Kuilders, who has assisted with kitchen duties and serving meals, but is now on maternity leave. **PP**

## In memory of Milkshake Mike

**M**ike Smuts was fondly known as “Milkshake Mike” in Paternoster. But he didn’t only sell delicious milkshakes in the main road, Mike was also a friend to everyone. His kindness, generosity and support of the volunteers will never be forgotten.

In his friendly and understated way, Mike positively impacted many lives. He knew the volunteers’ names before they even arrived in Paternoster, and he regularly checked in with the local volunteers to hear if there was anything they needed or any way he could help. Likewise, new volunteers knew about Mike long before they arrived in Paternoster. His milkshakes were legendary, not just in Paternoster but back in Stuttgart, too.

To welcome new volunteers to Paternoster, Mike drove them to Tietiesbaai to see the spectacular sunsets, as their small car would have had difficulty making the trip on the gravel road. Mike also took the whole team of volunteers on an outing to Trekoskraal for a beach walk back to Paternoster – and there were many more experiences he facilitated but never publicised. His only desire was to make the volunteers – all far from home – feel welcome and a part of Paternoster. This he did selflessly, quietly and successfully.



Mike with the volunteers who were in Paternoster for the last quarter of 2018



In loving memory of Mike, his widow, Gail Smuts, has further contributed to the Paternoster Project by sponsoring orange T-shirts for the volunteers. The T-shirts are printed with one of Mike’s favourite sayings: “Don’t catch a cold, kiddos!” Our sincere thanks to Gail and the Smuts family for this thoughtful contribution to the volunteers. **PP**





## Garden delights

**P**aternoster's children are getting their hands dirty and loving it. Twice a week in the afternoons, children tend to their newly planted food garden at *Hoopsig* – or *Hope View* – and wait patiently for the herbs and vegetables to grow. Even though the garden project only kicked off in early winter, the children have already tasted some of their crops and are now more enthusiastic than ever.

Because the soil was so hard and poor, at first mobile planters were bought and the children planted lettuce, herbs, carrots and radishes, with the help and guidance of experts and volunteers. Existing old trees in the garden were pruned and fed and may soon be bearing lemons, guavas, bananas and grapes.

Sascha Tünnissen, volunteer and board member of the NPC, along with Brakkie Bester, who is the father of one of the children in the programme, cleared and prepared some of the land for planting. Volunteer Giulia and Dave Westbrook fertilised the garden with manure donated by Dave, while plant expert Hedwig Slabig assisted with the planning and planting of the garden – starting with the seedlings from the planters. Hedwig has lived in Paternoster for over 25 years and has long been involved with the local community; she is also a board member of the Botanical Society of South Africa. Volunteers Lydia and Muriel gave up a weekend to build walkways around the garden, while gardener Jeff Kruger assisted with weeding and maintenance in the garden. Magda van Lill has stepped in to help running the garden, and will soon be teaching the children how to make compost.

The two main aims of establishing the garden are first, for children to learn how food is grown – and that it doesn't come from packet or a supermarket – and second, that the garden should one day contribute to the daily lunch prepared for the children by the local *tannies*. Ultimately, the garden can teach the children even more than how to grow healthy food – it can also impart the basics of running a business. Perhaps, one day, the children can even sell herbs to Cathy's Café. Cooking classes could also one day be a reality, using produce from the garden.

Hedwig says that the garden has had a positive influence on the 10–12 children who are part of the project. "Shy children smile and communicate and love working in the garden," she says, "and that they are enthusiastic and keep coming back is a good sign." Establishing the garden hasn't been without its challenges, but Hedwig says she has never been discouraged. "A lot of what we have done was







Hedwig gardening with the children



Sascha hard at work in the garden

experimental, but that's the only way we are able to document the successes and understand the problems of the process, so it can be followed again."

She says her intention with the project is to give the children an understanding and appreciation of where food comes from, and the process of growing food. Gardening also leads to other interesting discussions, such as pest control while not killing harmless insects, food security and healthy eating. "Gardening is a foreign concept to most of the children and they expect results fast, so they are learning to be patient and diligent."

Hedwig says she measures the success of the project "in the children's happy faces and that they retain the things they learn. The children are fantastic and there are some very hard workers among them. We didn't know what the kids were capable of, and they can do much more than we thought. We have already made a salad from what we have grown, and the kids all ate from it. Now we are planting other fruit, starting with Cape gooseberries."

However, Hedwig does point out that the children can't do all the work in the garden. "I am there for the children to understand planting. Magda and I work well together and I am very grateful to her, but large-scale gardening is not feasible as the land is only available for two years and much water is also needed for the garden in summer." Hedwig says it's her wish that parents and grandparents get involved with the garden. "This would really be great," she says. **PP**







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# Meet Dustin Coraizin

Dustin is a loyal supporter of the Paternoster Project and will soon join the project to be more hands on.

## Tell me a bit about yourself?

**DC:** I am 27 years old and was born in Vredenburg on a rainy day on 25 July 1992. I grew up in Paternoster, in a strong community of women along with my mother, Esmereida, and my sister, Aniska. It is true that “it takes a village to raise a child”. I got my determination and positive drive from my mother, who was a hard worker and taught us appreciation. I always knew that I wanted to teach and steer young minds towards becoming the best they can be. I was grateful to receive my Bachelor of Education (cum laude) and my honours degree in education.

## How did you get involved in the Paternoster Project?

**DC:** My mother and niece got involved with the project. I would go to Paternoster for school holidays and listen to my niece speaking with such excitement about the project. She would draw pictures of the volunteers and have the newsletters available for me to read to her – sometimes more than three times.

## Tell me about your role with the project?

**DC:** My role in the project is still flexible, because I am commuting between Stellenbosch and Paternoster. I assist with SWOT analyses of Paternoster and strategies to overcome challenges.

## Describe some of the main challenges facing the kids?

**DC:** The children have quite a negative environment because of absent parents and a lack of positive influence. They lack healthy role models, and unfortunately, their parents and peers support them in wrong-doing.

## How is the project working to create an alternative to crime, alcohol and drug use among the town's children?

**DC:** The problem is that the community is divided, because parents don't want to admit that their children need direction when they are doing wrong. In Paternoster, we have young unemployed people who sleep by day and do crime by night. It is a huge concern. Many children use alcohol and drugs, because it's easily accessible. The project provides a safe haven for children and teens and helps to create hope by showing them what they are capable of if they stay focused and work hard. The project also keeps children active, off the streets and away from bad habits.

## What do you hope to achieve through your involvement with the project?

**DC:** Parents and learners need a mind shift away from small thinking to bigger developmental goals. Parents need to talk to each other about how to better their children, and shortcomings should be identified and addressed so that every child can be successful. The programme should be a form of rediscovery and awareness of greater things to come for our children. One of my main goals is to ensure that children get recognition where appropriate, and guidance where needed. The programme should also teach self-worth, so that children think before they act. They just need guidance; someone to believe in them, tell them when they are doing wrong, and provide solutions to obstacles.



PHOTO: ANTONIO PASQUALLIE / PASQUAL PHOTOGRAPHY

Dustin Coraizin

## Describe the impact of the project on the children and the community?

**DC:** The project has had a positive impact from the start. Children look forward to something productive after school – not only for a meal and a safe space, but also the stimulation and discovering new things. They have learnt about German culture and enjoy educational activities and outings that instil pride in them. Also, they speak English with confidence and are learning to speak German, too.

## What should people know before they visit Paternoster?

**DC:** The town is a unique haven, with daily challenges and where guidance is needed. People should be easy adaptable to change and be positive thinkers. They should come with innovative mindsets in contributing to the growth and success of our children – even if it is just through a conversation or playing and laughing with them. Children love attention.

## Is there anything else you'd like to add?

**DC:** The project does not only focus on the children of Paternoster, but also on the parents, the grandparents and the legal guardians. It is great to hear how positive most families are about the project. **PP**

To read the complete interview with Dustin, visit [www.paternosterproject.co.za](http://www.paternosterproject.co.za).



Everyone thoroughly enjoyed the kinderkinetics training.



The kinderkinetics teacher training day was a huge success, and very enjoyable too.

## Kinderkinetics is a foundation for life skills

**P**aternoster’s crèche children are having fun while improving their gross motor skills at the same time. On Saturday 3 August, Dr Eileen Africa, from the Department of Sport Science at Stellenbosch University, hosted a kinderkinetics training day for Paternoster Crèche teachers – and the children got to put kinderkinetics into practice too.

Dr Africa, assisted by Nicky de Villiers – a past Paternoster Project volunteer and former kinderkinetics master’s student at the Department of Sport Science – along with a few other qualified kinderkineticists, trained six crèche teachers in the activities that develop gross motor skills in children. Well-developed gross motor skills – such as balancing, catching and climbing – are necessary to be able to develop fine motor skills, such as writing, sewing, using cutlery or opening containers. With these skills in place, focused learning is then also improved, which is the foundation for a brighter future.

“Firm foundations are easier to establish when there is earlier intervention,” explains Nicky. “Children can be moulded at crèche age, and the Paternoster children need help so they can have a chance at optimal development.

“My crèche project was to introduce kinderkinetics. This consisted of movement-based sessions every morning that encouraged children to move and explore their surroundings, meet developmental gross motor milestones to set a firm foundation for future gross motor skills, and to learn basic school concepts through movement.”

However, when Nicky completed her six months of volunteering in June this year, there was nobody trained in kinderkinetics to take over from her. It made sense for the crèche teachers to receive basic training, and Dr Africa and her team travelled to Paternoster and generously gave their time and expertise to do this.

Dr Africa explains that kinderkinetics focuses on gross motor skills development in children from birth to 13 years. “Every child needs kinderkinetics, because it focuses on development. We can also work with children who have delays and get them

up to speed for their age. We are starting with basic activities at the crèche to get kids to meet their development milestones. Importantly, kids need to run and kick balls – they need to be playing outside, rather than sitting inside watching TV and playing on mobile devices. Children are designed to move, not to sit for long periods of time.”

Also, Dr Africa emphasises that children need to spend as much time as possible exploring their environment and learning through movement – at least an hour of physical activity every day. “Movement allows children to learn through trial and error, and also sets a strong foundation for a healthy, active lifestyle. Physical activity also positively impacts cognition, mood, attention and academic achievement – and it allows for non-verbal ways of communication. Movement lets us connect with others and so it supports social development too. So let children play together, run, jump, hop, skip and kick a ball.”







Kinderkinetics teacher training



A child needs 200–600 minutes to learn a skill, so it is all about practice, which means that kinderkinetics has to be a daily exercise for the teachers and children. Teachers were trained first, and then the children were brought in to practice. Dr Africa gave teachers a booklet of activities as well as alternative equipment ideas, so implementing this daily routine is easy – a box of chalk and some stones is all that is really necessary to do some of the activities; no specialist equipment is needed. Reports on children’s progress would be a good idea to monitor them, and Dr Africa suggests that maybe the volunteers could assist with this.

“If children don’t learn gross motor skills at an early age, they could battle at school and socially – so kinderkinetics is really important. I really enjoyed the day. It was positive and interactive, and an eye-opener for me too,” says Dr Africa.

Crèche principal, Rachel Cloete, says the kinderkinetics training day was most enjoyable. “Dr Africa included all of us and we learnt a lot. We want to do it every day after the children have porridge in the morning, but we must sort out the equipment. The children just couldn’t wait for Nicky to come in the mornings to do kinderkinetics, so now that we have

been trained in basic movement skills, we can carry on offering movement opportunities for our children.”

Rachel says the one teacher training session was enough, and everyone understood it well. “We also learnt that there is no such thing as ‘can’t,” adds Rachel. “I really learnt a lot and we all enjoyed it – and every single child loves kinderkinetics. I want to thank Dr Africa and her team for giving us their time to teach us, when they could have been with their families over the weekend. I really appreciate it, and I also thank Maike for organising the training.”

Halfway through the training, everyone enjoyed a delicious lunch of lasagne and green salad, prepared by volunteer cook, Aunty Annie Clarke. It sustained everyone through the enjoyable afternoon of training. **PP**



## A kick out of arts and crafts

“My workshops in the project were arts and crafts. I would like to say that over the past 12 weeks, I have worked out a fantastic strategy to bring the children to attentive silence in order to carry out individually adapted, optimally prepared art lessons with a practical component. But that would be a lie. Rather, in the chaos of paint-covered hands and clothes, I learnt not to run away from panic and instead accept with a laugh all that I otherwise would have desperately tried to prevent to curb burnout stress. The kids are having fun, that’s obvious – but it’s difficult to accept if you are even a little meticulous.

“What the kids love is to dress up and wear make-up. I guarantee you that the 7th-grade gangsters with pink headgear and Harry Potter glasses will stand in front of you and want to take a selfie while sticking their tongues out. Through different tasks that the children did, we also learnt a lot about their ideas of beauty and role models.”

*Testimonial from Katharina Kapp, student teacher from the University of Heidelberg, Germany*



Kids playing “dress up”



**The tree** is a symbol of strength. The children’s handprints symbolise a big picture, and show that “together we are strong”.



**The boat** was our first project and integrates the project with Paternoster. Children represented themselves as members of the crew. As a boat’s crew – of children and volunteers – we all sail together towards the same goal.





## Sports for all

**T**he first Paternoster Project NPC sports event, in conjunction with the Stellenbosch University's Sport Science Department, took place on 15 and 16 March. Three professors and 10 students travelled to Paternoster for the weekend. In the meeting room in the Paternoster Hotel, Dr Wilbur Kraak trained 12 rugby players from Paternoster in level A rugby coaching.

Sports events took place at different locations in Paternoster, including the beach, the community hall and the rugby field. A family fun event was also held in the community hall, where children, mothers and students did aerobics together.

Dr Kraak and the students were very satisfied and excited at the level of interest and participation from Paternoster's people. This was the first event of this kind, and another will be held in the last quarter of 2019. Thereafter, it will take place quarterly. **PP**

**“Sports events took place at different locations in Paternoster, including the beach, the community hall and the rugby field. ”**





## From the West Coast to Kirstenbosch

BY JOAN KRUGER

**T**hey did a group hug of a huge tree trunk, sniffed medicinal leaves, marvelled at ancient cycads, climbed trees, rolled down grassy slopes and clung to one another on the scary “Boomslang”, the tree canopy walkway in Kirstenbosch.

Kirstenbosch National Botanical Garden gave our children a glimpse of paradise when they were taken there earlier this year, thanks to Professor Arnold van Zyl, president of the Cooperative State University of Baden-Württemberg, Germany.

“It’s time to let our West Coast children experience the wonder of trees,” he decided at the Paternoster Project NPC’s international conference in October 2018, and promptly sponsored the bus transport for a day trip.

Care was taken to make it as much an educational experience as a joyful holiday outing. The Kirstenbosch branch of the Botanical Society of South Africa (BotSoc) gave the visit their full support, right from the start. They also sponsored free entry into the garden for the group. On the day, four of their most experienced guides – Cathy Jenkins, Dot Malan, Carol Cornell and Hannie van Wieringen – volunteered their services. They clearly loved teaching and observing our young ones, and answering all their questions.

To prepare for the visit, BotSoc provided us with a stack of workbooks and posters on fynbos. With money from a donation, we bought storybooks with ecological themes for Story Hook. The Paternoster Project NPC had bright green T-shirts printed for everyone and the volunteers packed picnic lunches.

The excitement was palpable as the group of 45 children, accompanied by student and local volunteers, set off early on Wednesday 20 March.

Even though the children had been shown pictures of the botanical garden, they were overwhelmed by the size of it, by Table Mountain towering above it, by the clear mountain streams and the impressive size of some of the trees.

“Joh, Tannie, that’s BIG!”

All their senses were engaged. They were made aware of the birdlife, of lichen growing on rocks and trees, and of the competition between young trees in a recently developed patch of forest. Later on, the guides commented on how one of the children even noticed a tiny mushroom growing next to the footpath.

While everyone enjoyed a picnic lunch on a beautiful stretch of lawn, the guides had personal chats with those children who seemed particularly interested in plant life and wanted to know more.

We may have a few budding botanists in our midst! **PP**



**“Care was taken to make it as much an educational experience as a joyful holiday outing.”**

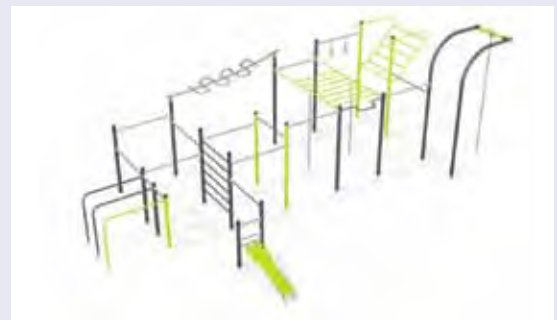




## Street fitness facility to open in October

**P**hysical and spiritual well-being is the foundation for positive development in children. The children in the programme come directly from school to the kids' house, *Hoopsig* (Hope View), and spend the afternoon learning life skills through fun activities. The children are also given lunch, which is cooked by volunteers from the community.

It was noticed that while many children are energetic, they don't have much exposure to sport and physical exercise. So they end up being undisciplined and also tend to react quite aggressively in conflict situations. The German Foundation brainstormed to resolve this situation, and thought a form of street movement called parkour may resolve this issue. Parkour works with different pieces of equipment that are suited to climbing, hanging and swinging, but are also for fitness exercises such as push-ups and pull-ups. The entire parkour facility will be built on about 150 m<sup>2</sup>, directly alongside *Hoopsig*. It will be fenced in and have access control for safety, and will be supervised by a volunteer.



The Paternoster Project NPC is looking forward to installing this sports concept in cooperation with the Sport Science Department of Stellenbosch University. Parkour is suitable for people of all ages, from six upwards.

The necessary funds to build this parkour facility have been secured through a grant from a fund for German non-profit organisations, to support projects for development and cooperation. The opening of the parkour facility is planned for the afternoon of 23 October, during the 3<sup>rd</sup> Paternoster Project Conference. We invite you to join us then. **PP**





# WAVES OF *Change*

BY REBEKAH FUNK



**T**he bright orange jackets worn by volunteers of the Paternoster Project are a striking contrast to the muted colour palette of this West Coast seaside town. Here, the architecture is painted almost entirely white, accented by the occasional blue door or window shutter, and engulfed by earthy tones of sea, sand and sky.

Much like their jackets, the non-profit's student volunteers stand out in this close-knit fishing village. They have emerged a persevering force for positive change in Paternoster — equipping its youth for the future, whilst also ensuring local heritage is not only preserved, but treasured.

“We see great potential in every child, regardless of their social circumstances. We want to give them a sound foundation for

a healthy and fulfilling life,” explains the organisation’s project manager, Maïke Reinhardt.

“We are trying to achieve this vision through development cooperation – empowering, mobilising and integrating local participation first, and as much as possible,” she adds.

“We’re focusing our work on about 250 children from the Educare Centre and St Augustine’s Primary School (between the ages of four and 15), teaching them important life skills that have been identified by parents, the community, our partners at Stellenbosch University, and the foundation.”

The strength of the organisation’s transformative work is its belief in ground-up development: “Nothing about Paternoster, without Paternoster, is for Paternoster,” emphasises local entrepreneur and former skipper André Kleynhans of Anker Builders, who has given much of his time and construction expertise to seeing the project succeed.

Tannies cook, mothers read and local enterprises donate free labour, food and building materials. There’s been sustainable community buy-in from the outset – and their confidence in the project has made all the difference.



## CASTING A VISION

Founded in 2016, the Paternoster Project NPC began with a telephone call between Christian Neuber, a German publisher-turned-philanthropist, and a friend at Paternoster Fishery. Christian had owned a small wine farm in Stellenbosch and wanted to use his financial resources (and love of literacy) to give back to underprivileged children.

Christian and his wife, Katrin, first chanced upon this darling corner of the Western Cape in 2015. They were immediately swept up by Paternoster's charm – but also awakened to some of the most pressing issues facing the community: high unemployment, alcoholism and the entrenched marginalisation of the area's indigenous population.

Paternoster's main industries – fishing and tourism – were both seasonal, affecting the livelihoods of residents and their families. Steady incomes were difficult to come by; people lacked funds for food and their children's school fees. Over time, school absenteeism grew, with some learners dropping out altogether. Young people, unconvinced of their own potential, were increasingly tempted to turn to alcohol, drugs or petty crime to curb their boredom.

Yet in Paternoster, the Neubers sensed both the energy and local talent needed to address these obstacles. They set about building valuable community connections, pulling together a joint team of capable Germans and South Africans who would see their shared vision to fruition.

## BUILDING SKILLS – FOR LIFE

It's evident that people here care – so much – about the future of their beautiful home. And now, through the Paternoster Project NPC, they're being equipped with the tools and resources to turn their concern into action.

The project runs throughout the year with the help of various stakeholders from Germany and South Africa, with the bulk of financial backing coming from Christian's German Foundation, *Kinder fördern – Zukunft stiften*.

These donations ensure a variety of activities: an after-school programme with nutritious home-cooked meals, engaging weekly story times, hands-on gardening lessons, themed holiday clubs, ambitious building projects, and expert-led parenting seminars.

These efforts are bolstered by new teams of volunteers who arrive in Paternoster from the universities of Baden-Württemberg (Germany) and Stellenbosch (South Africa), keen to share their time and academic knowledge in a practical setting. Most stay three months; others longer – the project's current long-term volunteer, Caro Zobel, has lived in Paternoster for 15 months and has established deep relationships with community members.

The volunteers are studying (or have already completed degrees) in teaching, while others specialise in early childhood development, youth work, music and theatre, coaching or kinderkinetics. All share a desire to see the children of Paternoster flourish.

A telling milestone? This year, the project trained its first "junior volunteer", a local high school learner who'd outgrown the programme – but nevertheless wanted to return and reinvest his time in an organisation that had changed his life.



From left: Christian (founder and philanthropist), André (builder of the Volunteer House), Maïke (Paternoster Project manager)



**“The strength of the organisation’s transformative work seems to be its ground-up development mantra – that ‘nothing about Paternoster, without Paternoster, is for Paternoster’.”**

Caro Zobel, long-term volunteer from Germany, with junior volunteer Alviro from Paternoster







### A HOUSE OF HOPE

One of the key visions for the Paternoster Project NPC has always been to create a safe space for both children and volunteers – places they can go to simply “be themselves” and learn valuable life skills through play.

It didn't take long for afternoon programming to outgrow the limited space at the project's initial home, St Augustine's Primary School. Volunteers were leading singing and dance lessons; art and crafts; sports such as soccer, yoga, breakdancing and rugby; technical LEGO challenges and beginner German.

For some children, it was as if a whole new world had opened up – they began to learn all the things at which they excelled; that their potential in life was more promising than they'd first thought. The after-school programme became a daily highlight, where they could connect with friends, feel cared for, and see positive role models among local and international volunteers.

Knowing their valuable work could only continue with a bigger space, Paternoster Fishery has provided a venue in the middle of the village from 2018 to 2020. Called *Hoopsig* – or Hope View – this children's house has allowed the project to open its doors to more youth from Grade R to Grade 7.

Stepping inside, one immediately sees – and hears – traces of children everywhere: their backpacks on hook-lined walls, colourful handprints and murals from floor to ceiling, and their squeals of delight as they chase each other through a fishing-themed playground outside.

In the kitchen, the “Golden Oldies” (the *tannies* who cook hot meals every afternoon) are hard at work, stirring steaming pots of curry and rice made with their grandmothers' recipes. For them, it's a joy to serve their community through food – an important cultural tradition that's being modelled to a new generation.

When the food is ready, the children pause their games. They wash their hands, dig into a hearty meal, and quickly brush their teeth before heading out again to play.

“The new *Hoopsig* kids' house has allowed the project to open its doors to more kids from Grade R to Grade 7.”

Two of the *tannies* who cook hot meals every afternoon with some of the children







The Volunteer House in Paternoster



Joan Kruger, Story Hook manager, reading to the children

### PLANTING A SEED

*Hoopsig* is scheduled to be bulldozed to make way for a new development in the area. And with the future of this safe space hinging on uncertainty, Paternoster’s leadership team has begun dreaming big once again.

Their vision? A new “children’s village” – with a house large enough to host as many as 180 children, and designated spaces for each of the different life skills lessons. In it, a well-equipped kitchen, and outside, a larger community garden, playground and adjacent sports field.

“We see sports and movement as an essential part of our programme and crucial for the development of our kids,” explains Maïke.

“We’ve established an outstanding relationship with the Sport Science Department at Stellenbosch University – they lead physical education events for all ages and abilities, and have introduced a hugely successful kinderkinetics programme at the local crèche. While we often lack the equipment and facilities to fully realise these initiatives on a larger scale, a children’s village would be pivotal to improving and expanding the areas in which children can play.”

### HOOKED ON BOOKS

“Books were my lifeline when I was growing up in a remote little town,” says Joan Kruger. “I would like that to be true for every child; we all need a little life-saving.”

It was this abiding love for words that led to Joan’s 50-year career in magazines and publishing, a PhD in linguistics and, after a move to Paternoster five years ago, “Story Hook” reading times. Joan is one of a handful of “story tannies” who do their best to make reading fun – they visit Paternoster Project’s after-school programme every week with an armful of new books.

“At Story Hook, we so often hear: ‘Oh, I can’t read.’ So we ask them to sit and listen instead. And then we trust in the stories to work their magic and to slowly reel these ‘can’t-readers’ in,” Joan explains.

While it’s not intended as a remedial reading programme,

### Raise a reader

Story Hook is looking for enthusiastic volunteers to read to children once a week (currently on Thursday afternoons) at *Hoopsig* in English, Afrikaans or isiXhosa.

If you’d rather donate your favourite childhood tale, the programme also accepts book donations (deliver them to Cathy’s Café or the local library).



Or buy a copy of Paternoster Project NPC’s new birthday calendar, which features the stunning photography of Voorstrandt’s Adrian Venter. They’re available for R125 at Voorstrandt Restaurant, Cathy’s Café, and at Jêm & Pantoffels. All proceeds from calendar sales go towards buying books for the *Hoopsig* library.



**“ We will change all of the Paternoster children’s lives for the better, even if it takes us one child at a time.”**



many learners have seen their results in English and Afrikaans improve at school as a byproduct of the project’s bilingual immersion.

Local librarian, Lalie Beneke, says she’s also noticed a new trend: children coming to visit the library “just for fun”. She does her best to support Story Hook’s mission beyond the after-school programme, creating an engaging space for children and teenagers – with books and magazines at centre stage.

In winter, there’s a crackling fire and places to challenge friends to a round of chess; when school’s out, Lalie runs themed holiday clubs and movie viewings with popcorn. It’s become another vibrant, safe community space where all are welcome – and a case study of what can happen when locals are willing to collaborate.

### MEASURING POSITIVE IMPACT

“Every sign of engagement is a success,” says Paternoster-born Dustin Coraizin, who teaches at Rietenbosch Primary in Stellenbosch but drives back to the West Coast as often as possible to lend his support to the volunteers.

At just 27 years old, he knows the struggle to “make it” in a community with so few jobs – he’s played in the same streets and endured many of the same challenges as a child of a hard-working single mother. Now, he’s doing his master’s degree through Stellenbosch University and is trying to show other youth from the village what’s possible.

“I always admired the drive my mother had. She worked a full-time job and still made time to help with community projects. She opened my eyes ... to striving for better, not just for myself, but for the future of an even greater community.”

His excitement to contribute also stems from the knowledge that the project isn’t just changing children’s lives – the reach is much deeper: “The project does not only focus on the children of Paternoster, but the parents, the grandparents and the legal guardians.”

Dustin adds: “Our community and government need to know that if an individual is aware of the endless possibilities that await them – especially our children of Paternoster – how great could that part of South Africa become? We will change all of the Paternoster children’s lives for the better, even if it takes us one child at a time.”

This October, the project’s stakeholders will meet to take stock of the year’s progress. The annual Paternoster Project Conference attempts to measure the non-profit’s positive social impact, while also fostering accountability, open lines of communication and excitement about what’s to come.

It can be difficult, in the early stages of a project like this, to scientifically quantify its impact. Paternoster Project NPC has tasked two West Coast-born researchers from Stellenbosch University with measuring their milestones in the coming years: Dr Jerome Joorst and Dr Bernard Rhodes.

“As a researcher, I am analysing the impact that the NPC has on the local heritage conservation and skills education of the learners in the programme, as well as on the community at large,” says Jerome, who specialises in education in rural areas. “I’m interested in who these children become as a result of the programme.

“One is often humbled by the challenges that face children who are born into circumstances that they have little control over,” he adds. “To be allowed into their lives is firstly an honour, to work with them is rewarding and to make a difference in their lives is the ultimate dopamine for the human spirit.”





## CHANGING TIDES

A walk along Paternoster's expansive beach yields hidden treasures – swept in, and often, out again – by each new crashing wave. These stones, shells and seaweed ribbons serve as a reminder of the inevitability of change – that new winds can bring both storms and prosperous catches; setbacks and huge victories.

It's a notion that brings lasting hope in the face of daunting challenges, Maïke says – times of agonising anticipation, occasional frustration, or the financial uncertainties that come with rapid growth and overwhelming need of the dynamic project.

“My experience has taught me that encouragement always follows after discouragement – both ups and downs are crucial to learn and develop,” she says.

The year 2019 has brought exciting changes – the landmark new Volunteer House is now complete and poised to open its doors to the community. Envisioned as a social meeting hub where volunteers can host welcome braais or workshops with local teachers and crèche staff. The house is part hostel, part café, part conference venue.

It's a sign the project is here to stay for the long haul – no matter what the tide brings. There is still much to do and learn from a community as rich in cultural heritage as Paternoster.

For Caro, the long-term German student volunteer who's spent more than a year in the village, the biggest lessons haven't been the ones she taught children in the “structured chaos” of the after-school programme. Her time in South Africa has caused her to see the world in a whole new way; to challenge her own set ways and perceptions.

Caro hopes all who visit Paternoster will slow down, stay a little longer, meet the locals and see this West Coast gem as she does. Caring. Courageous. Resilient.

And bursting with potential. **PP**

## Paternoster needs you!

**T**aking a holiday in or around Paternoster? Come and see the project in action:

- Pre-arrange a guided tour of the after-school programme at *Hoopsig*, and the recently completed Volunteer House and café.
- Pledge your time, skills, materials or finances – a little goes a long way in shaping the lives of Paternoster's young people, and creating a better future for the whole West Coast.
- Donate funds to ensure the dream of a new “Paternoster Children's Village” becomes reality.
- Keep up to date on the project's progress: order a copy of the printed newsletter or download the digital version from the organisation's website.



To find out more, become a volunteer or donate, visit [www.paternosterproject.co.za](http://www.paternosterproject.co.za).

## Grateful thanks for donations to the Paternoster Project NPC during 2019

**S**o many people have assisted with donations to the Paternoster Project NPC and we are sincerely grateful for every contribution – large and small. To all the known and anonymous contributors, thank you.



This money box "Kids' House", designed by Dianne Heesom-Green, sized 13 x 12 x 10 cm, is provided by the Paternoster Project NPC for restaurants, shops and hotels in Paternoster to collect money. If you require one, please contact us via the website.



**“Thank you to the Paternoster community for their silent but hard work and for believing in this wonderful opportunity.”**



**FINANCIAL DONATIONS**  
 André Kleynhans, Zisler family,  
 Sascha Tünnissen,  
 EARSANDEYES, Jan van Berg,  
 W. Markgraf GmbH & Co KG,  
 Margarethe Nath,  
 Arnegger family

**ADRIAN VENTER**  
 Photos for the  
 birthday  
 calendar

**FEEDING**  
 André Kleynhans, Ulrike  
 Eichler, Leeto Restaurant,  
 Gaatjie Restaurant

**URO ERICHSEN  
 (ARTIST)**  
 Money from an  
 auction

**ARNOLD VAN ZYL**  
 Bus sponsorship for  
 the Kirstenbosch  
 outing

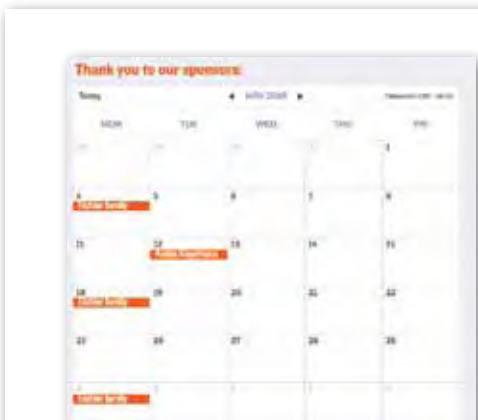
**BLUE OCEAN  
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 Printer and  
 computer

**DENTIST,  
 DR LUTZ DÄHNE**  
 Kids' and office  
 furniture

**PATERNOSTER  
 FISHERY**  
 Play tower

**KIDS' TOYS AND  
 SPORTS EQUIPMENT**  
 Katrin Neuber, Arie Ras,  
 Dobler family,  
 Katrin Krauss

**GARDENING**  
 Joan Kruger,  
 Hedwig Slabig,  
 Dave Westbrook



**C**ontributing to the feeding of the children means that you can choose the day of the week and the number of repetitions. To cover one hot meal, we need R2 000 per day. You can find the tool to book your feeding donations at [www.paternosterproject.co.za/donate](http://www.paternosterproject.co.za/donate).

**Paternoster Project NPC  
 Nedbank  
 Account number: 1146942400  
 Universal branch code: 198765**

Should you wish to contribute to the work being done with the children of Paternoster and be part of positive change, your donation of materials or money would be greatly appreciated. Please find more information about what is needed at [www.paternosterproject.co.za/donate](http://www.paternosterproject.co.za/donate).

# 3<sup>rd</sup> PATERNOSTER PROJECT CONFERENCE

23–25 October 2019

At Gelukkie, Paternoster, South Africa

**T**he 3rd Paternoster Project Conference will be held from 23 to 25 October in Paternoster. This annual event includes delegates from South Africa, Namibia and Germany who represent various universities and educational institutions, along with the local municipality, non-governmental organisations (NGOs), local leaders, volunteers and other interested parties.

Focus subjects to be discussed this year will include the possibility of a new kids' house to serve as a safe space for the development of Paternoster's children; further development of a sustainable life skills programme; and the effective cooperation between South African and German universities to create processes by which the social impact of the project can be measured.

*For more information, see: [www.paternosterproject.co.za](http://www.paternosterproject.co.za).*

“To equip the youth of Paternoster for the future  
and to maintain the local heritage.”



PUBLISHER: CHRISTIAN NEUBER · EDITOR: KERI HARVEY · DESIGNER: ASTRID ROWE · TRANSLATORS: ELANZA ALBERTS, LOUISE BOTHA, MARLENE ROSE AND LIZNA SNYMAN · PROOFREADERS: HALEY ABRAHAMS (ENGLISH), LINÉ LOFF (AFRIKAANS)



# PATERNOSTER PROJECT NUUS

UITGAWE NO. 5 • OKTOBER 2019



DIE AMPTELIKE  
NUUSBRIEF VAN DIE  
PATERNOSTER PROJECT NPC

Om die jeug van Paternoster  
toe te rus vir die toekoms  
en om die plaaslike  
erfenis te onderhou.



Christian Neuber

**D**rie buitengewone en ryk geskakeerde jare het gekom en gegaan sedert ons ons werksaamhede met die Paternoster Project NPC begin het. Dit was ook drie jaar waarin geweldig baie gebeur het in Paternoster, die klein en idilliese dorpje aan die Weskus van Suid-Afrika.

Die heelhartige samewerking met die lede van die gemeenskap verdiep van maand tot maand en word net ál beter. Die “tannies” kook reeds elke dag vir ons kinders in Hoopsig, die kinders se middagtuiste, terwyl pa’s en oupas skouer aan die wiel gesit het met die aanlê van die Paternoster-tuin. Toekomstige projekte word in ’n gees van openhartigheid bespreek en besluite word daarvoor geneem. ’n Wedersydse begrip groei gestadig van dít wat in Paternoster moet gebeur om die heersende lewensomstandighede te verbeter.

Daarbenewens kon ons in die afgelope jaar ook daarin slaag om die samewerking tussen die deelnemende universiteite uit Suid-Afrika (Stellenbosch) en uit Duitsland (Weingarten, Stuttgart, Heidelberg en Freiburg) na ’n nog hoër vlak neem. Die verteenwoordigers van hierdie opvoedkundige instellings is vuur en vlam om hul bydraes hier in Paternoster te lewer. So lui ons doelstelling: “Ons strewe is om die kinders van ’n gesonde grondslag vir ontwikkeling te voorsien; een wat hulle in staat sal stel om in Paternoster te bly en suksesvol en volhoubaar te werk. Die sleutel hiertoe is ’n deeglike, breedgebaseerde opvoeding wat ook die plaaslike erfenis in ag neem en respekteer.”

Dit is met vreugde dat ons nou weer met ons nuusbrieff ’n kort oorsig van ons werksaamhede die afgelope maande bied. Hierdie bedrywighede het gepaard gegaan met geweldig baie toewyding en

passie, emosionele belewenisse en natuurlik ook harde werk.

Dit bly steeds ’n spanpoging tussen die inwoners van Paternoster, die vrywilligers, die medewerkers van die universiteite en veral ook die kinders van Paternoster. Almal werk saam om in die volgende jaar ook weer ’n ent nader te kom aan hierdie besielende visie. Kom, laat ons saam die toekoms tegemoet gaan. Ondersteun ons, asseblief – met dade, geldelike steun of selfs net met woorde van bemoediging.

Ons dank u en hou u ook graag op die hoogte van die verdere verloop van hierdie belangrike projek.

Hartlike groete

CHRISTIAN NEUBER

... en almal wat met soveel vreugde en geloof saamwerk aan die Paternoster Project NPC



Die kinders het die Kirstenbosch-uitstappie terdeë geniet.



**“ Ons strewe is om die kinders van ’n gesonde grondslag vir ontwikkeling te voorsien; een wat hulle in staat sal stel om in Paternoster te bly en suksesvol en volhoubaar te werk.”**



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*Paternoster is ons tuisdorp*



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<https://m.facebook.com/AnkerBouKontrakteurs/>  
[www.ankerbuilders.com](http://www.ankerbuilders.com)



# Paternoster Project NPC-lede

## Raadslede



**André Kleynhans**  
SUID-AFRIKA

André Kleynhans woon al langer as 30 jaar op Paternoster en die Paternoster-gemeenskap het die hoogste agting vir hom.

Hy het eers as 'n visserman en skipper gewerk, maar in 2003 het hy Anker Bouers, 'n familiebesigheid enig in sy soort op Paternoster, begin. Anker Bouers het 'n uitstekende reputasie en het die ikoniese Vrywilligershuis gebou. André is bekend vir sy filantropie en het verlede jaar die Saldanhaabaai Munisipaliteit se Gemeenskapstoekenning ontvang in die kategorie "Oorbrug grense tussen verdeelde gemeenskappe".



**Maïke Reinhardt**  
DUITSLAND

Maïke Reinhardt se vasberadenheid en matelose energie het haar goed te staan gekom toe sy 'n bietjie meer as twee jaar gelede

die Paternoster Project NPC saam met Christian Neuber begin uitbou het. Maïke is in Stuttgart gebaseer. Danksy jare se ervaring by 'n internasionale maatskappy weet sy hoe om projekte te bevorder deur nuwe idees te implementeer. Sy koördineer die werwing van vrywilligers in Duitsland, hou toesig oor die Paternoster Project NPC en organiseer die jaarlikse internasionale Paternoster Project Konferensie.



**Sascha Tünnissen**  
DUITSLAND

Sascha Tünnissen se lewe op Paternoster het op 4 Augustus 2018 begin. Sy aanvanklike

kort besoek as vrywilliger by die Paternoster Project NPC het 'n langtermynverbintenis geword. Sy diploma in uitstalling- en kongresbestuur en 20 jaar se werks ondervinding, onder andere by sy eie maatskappy, kom hom nou goed te staan. Al is Paternoster ver van sy geboortedorp Kranenburg in Duitsland, sê Sascha Paternoster is waar hy wil wees.

## Projeklede



**STORIEHOEK SE BESTUURDER**

**Dr Joan Kruger**  
SUID-AFRIKA

Dit was haar liefde vir woorde wat gelei het tot Joan Kruger se loopbaan in die uitgewersbedryf, 'n PhD in linguïstiek,

en nou die bestuur van Storiehoek. Joan het by koerante en vrouetydskrifte gewerk voor sy na pasgemaakte kliëntepublikasies oorgeskakel het. Sedert sy haar op Paternoster gevestig het, skryf sy voltyds aan historiese niefiksie. Sy en haar man, Douw, is albei betrokke by Storiehoek. Hulle glo dat boeke kinders van hulle potensiaal bewus maak en hulle inspireer om te droom.



**Dr Bernard Rhodes**  
SUID-AFRIKA

Bernard Rhodes, tans hoof-administrateur: Praktiese Leer aan die Universiteit Stellenbosch, is reeds 15 jaar

lank aktief betrokke by die onderrig van voor- en nagraadse studente in die opvoedkunde. Hy het ook amper 30 jaar se praktiese ondervinding as opvoeder by 'n hoërskool in 'n uitdagende sosio-ekonomiese area in Kaapstad. As inwoner van die Weskus is hy net so passievol oor die opleiding van onderwysers as oor die vind van suksesvolle oplossings vir Paternoster se uitdagings.



**Dr Jerome Joorst**  
SUID-AFRIKA

Jerome Joorst woon en werk reeds meer as 20 jaar lank as 'n opvoeder aan die Weskus. Hy is passievol oor sosiale geregtigheid en die opheffing van

gemarginaliseerde studente. Jerome is 'n voltydse akademikus by die Department van Opvoedkundige Beleidstudies aan die Universiteit Stellenbosch. Sy navorsingsbelangstelling is opvoeding in landelike gebiede. Hy het al in verskeie skoolbestuur- en jeugmentorskapstrukture gedien. Sy passie en analitiese insig bring 'n hoë vlak van kundigheid na die Paternoster Project NPC.

## Erelid

Christian Neuber is die stigter van 'n uiters suksesvolle uitgewery in Duitsland. Nou belê hy in die toekoms van kinders – in Duitsland, sy land van herkoms, en in Paternoster, sy tweede tuiste. Sy oortuiging dat opvoeding transformasie in die hand kan werk het gelei



**Christian Neuber**  
DUITSLAND

tot sy stigting *Kinder fördern – Zukunft stiften* in 2009 en die Paternoster Project NPC in 2016. In 2018 het die Saldanhaabaai Munisipaliteit hom vereer met hulle jaarlikse Gemeenskapstoekenning vir sy uitsonderlike bydrae tot opvoeding.

# Die vrywilligerspanne van 2019



## Beste gesinne van Paternoster,

Ons is die vrywilligers vir 2019. In die oggende gaan ons by die crèche uithelp en onder andere Engels, sport, tandhigiëne en sang aanbied. Ons gaan almal in die namiddae van Maandag tot Vrydag lewensvaardigheidswerkswinkels aanbied by Hoopsig, die kinders se huis in die hartjie van Paternoster. Ons is baie opgewonde om met julle kinders te werk and saam pret te hê. Moenie skroom om ons te kom ontmoet en ondersteun nie – ons waardeer elke helpende hand.

## Januarie tot Maart



**Becci**  
Onderwysstudent



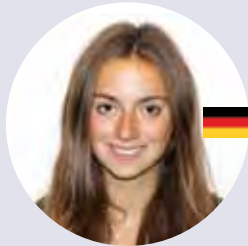
**Caro**  
**LANGTERMYNVRYWILLIGER**  
BA Ekonomiese- en Bestuurswetenskappe & Gesondheidsorgbestuur



**Hanna**  
Onderwysstudent



**Nicky**  
Onderrig en wetenskap  
(kinderkinetika/sport)



**Sarah**  
Onderwysstudent



**Jan**  
Opvoedkundige maatskaplike werker (mobiele jeugwerk)



**Julian**  
Opvoedkundige maatskaplike werker (mobiele jeugwerk)



**Lina**  
Onderwysstudent

## April tot Junie



**Nicky**  
Onderrig en wetenskap  
(kinderkinetika/sport)



**Caro**  
**LANGTERMYNVRYWILLIGER**  
BA Ekonomiese- en Bestuurswetenskappe & Gesondheidsorgbestuur



**Lydia**  
Onderwysstudent



**Katarina**  
Onderwysstudent



**Linus**  
Onderwysstudent



**Giulia**  
Onderwysstudent



**Muriel**  
Onderwysstudent



**Nora**  
Onderwysstudent



## Julie tot September



**Michaela**  
Onderwysstudent



**Caro**  
**LANGTERMYNVRYWILLIGER**  
BA Ekonomiese- en Bestuurswetenskappe & Gesondheidsorgbestuur



**Candice**  
Onderwysstudent



**Carolin**  
Onderwysstudent



**Silke**  
Onderwysstudent



**Marcel**  
Musikant en  
maatskaplikewerkstudent



**Alviro**  
Junior-vrywilliger (graad 8)



**Anslyn**  
BA Drama- en Teaterstudie



**Susanna**  
Onderwysstudent

## Oktober tot Desember



**Rosi**  
MA Omgewing,  
Ontwikkeling en Beleid



**Caro**  
**LANGTERMYNVRYWILLIGER**  
BA Ekonomiese- en Bestuurswetenskappe & Gesondheidsorgbestuur



**Timon**  
**LANGTERMYNVRYWILLIGER**  
BA Ekonomiese- en Bestuurswetenskappe & Gesondheidsorgbestuur



**Janosch**  
Student (sosiale wetenskappe)



**Alviro**  
Junior-vrywilliger (graad 8)



**Shanna**  
Junior-vrywilliger



**Melanie**  
Student (sosiale wetenskappe)



**Lena**  
Onderwysstudent



**Leonie**  
Onderwysstudent



**Nadja**  
BA Veeltaligheid en  
Interkulturele Onderrig

# NAMIDDAGPROGRAM

## Januarie tot Desember 2019

	MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRYDAG
LEWENSVAAARDIGHEIDWERKSWINKELS	<b>Dans</b> Caro & Anslyn/Caro & Muriel/ Caro & Sarah Maks. 25 kinders	<b>Karate</b> Sanna Maks. 25 kinders	<b>Dans</b> Caro & Anslyn/Caro & Muriel/ Caro & Sarah Maks. 25 kinders	Alle vrywilligers en plaaslike vrywilligers	<b>Karate</b> Sanna – Danssaal Maks. 25 kinders
	<b>Sokker/rugby</b> Marcel/ Nicky Maks. 25 kinders	<b>Bordspeletjies</b> Alviro & Shana/ Linus/ Caro/ Sarah Maks. 20 kinders	<b>Drama</b> Anslyn/ Becci Maks. 20 kinders		<b>Bordspeletjies</b> Alviro & Shana/ Linus/ Caro/ Sarah – Studiesaal Maks. 20 kinders
	<b>Kuns en handwerk</b> Sanna & Carolin & Candice/ Katha & Nora/ Nicky & Hanna Maks. 20 kinders	<b>Musiek</b> Marcel/ Lydia/ Julian Maks. 20 kinders	<b>Fluitles</b> Silke Maks. 10 kinders		<b>Musiek/ lyfperkussie</b> Marcel/ Lydia/ Julian Jeugkamer Maks. 20 kinders
	<b>Fluitles</b> Silke Maks. 10 kinders	<b>Duits</b> Silke & Anslyn Maks. 15 kinders	<b>Kuns en handwerk</b> Sanna & Carolin & Candice/ Katha & Nora/ Nicky & Hanna Maks. 20 kinders		<b>Duits</b> Silke – Kuns- en handwerk- kamer Maks. 15 kinders
	<b>Joga en ontspanning</b> Hanna/ Nora Maks. 15 kinders	<b>Paternoster-tuin</b> Hedwig & Magda / Giulia & Lydia/ Jan / Carolin & Michaela Maks. 15 kinders	<b>Atletiek</b> Nicky Maks. 20 kinders		<b>Drama</b> Anslyn/ Becci – Eetsaal Maks. 20 kinders
	<b>Sokkeropleiding</b> Jan/ Linus & Muriel Maks. 25 kinders	<b>Sokkeroefening</b> Jan/ Linus & Muriel Maks. 25 kinders	<b>Bou dit</b> Giulia & Katha/ Lina & Sarah Maks. 15 kinders		<b>Paternoster-tuin</b> Hedwig & Magda / Giulia & Lydia/ Jan / Carolin & Michaela Maks. 15 kinders
	<b>Bou dit</b> Giulia & Katha/ Lina & Sarah Maks. 15 kinders	<b>Rugbyoefening</b> Nicky Maks. 20 kinders	<b>Sport en aktiwiteite (kinderkinetika)</b> Nicky/ Jan & Nicky/ Sarah & Lina Maks. 15 kinders		<b>Sport en aktiwiteite (kinderkinetika)</b> Nicky/ Jan & Nicky/ Sarah & Lina Maks. 15 kinders
	<b>Musiek</b> Julian & Becci Maks. 20 kinders	<b>Musiek</b> Julian & Becci Maks. 20 kinders	<b>Duits B</b> Lina Maks. 10 kinders		<b>Joga en ontspanning</b> Hanna/ Nora Maks. 15 kinders
	<b>Duits A</b> Becci Maks. 15 kinders	<b>Koerant</b> Hanna Maks. 10 kinders			<b>Koerant</b> Hanna K1 Maks. 10 kinders
	ONDERSTEUNING	<b>Kookkuns</b> Muriel & Ruby	<b>Kookkuns</b> Julie & Sally & Lucy		<b>Kookkuns</b> Muriel & Ruby
<b>Skoonmaak/ huishoudkunde</b> René		<b>Kombuis</b> Esmeralda	<b>Kombuis</b> René	<b>Kombuis</b> René	<b>Skoonmaak/ huishoudkunde</b> Candice
<b>Hekwaghou/ instandhouding</b> Gerd		<b>Hekwaghou/ instandhouding</b> Gerd	<b>Hekwaghou/ instandhouding</b> Gerd	<b>Hekwaghou/ instandhouding</b> Gerd	<b>Hekwaghou/ instandhouding</b> Gerd



'n Pato Times-werkswinkel



Julian Zisler lei 'n musiekwerkswinkel.



## Lewensvaardighede vir almal

**O**ns het vanjaar verskeie lewensvaardigheidswerkswinkels as deel van die namiddagprogram aangebied. Die werkswinkels word gewoonlik een of twee maal per week vir ses maande, of selfs langer, aangebied. Die duur van elke program word bepaal deur die vaardighede van vrywilligers, wat gewoonlik vir drie tot ses maande op Paternoster is.

Een van die projekte – die *Pato Times*-koerant – het in 2017 begin. Hierdeur leer kinders hoe om onderhoude te voer, artikels te skryf, foto's te neem en kreatief te wees. Loer gerus na die kinders se werk in die jongste *Pato Times*, wat op ons webtuiste afgelaai kan word by [www.paternosterproject.co.za](http://www.paternosterproject.co.za). *Pato Times* fokus op die lewe in Paternoster en die kinders se hoop en verwagtinge vir die toekoms. Hierdie uitgawe is saamgestel deur die Duitse vrywilliger en joernalis, Hana Eder, en 'n plaaslike span van 20 kinderverslaggewers.

Ons beplan om vanaf Desember 2019 'n nuwe werkswinkel oor robotika aan te bied. LEGO-robotika is 'n platform wat kinders blootstel aan praktiese ingenieurstake rakende die ontwerp en bou van bedryfsrobotika. Robotika leer kinders van ses jaar en ouer om innoverende oplossings vir probleme te vind. Dit verbreed hulle denke om nuwe vaardighede aan te leer en onderliggende potensiaal te ontgin. Hierdie werkswinkel sal deur ons nuwe langtermynvrywilliger, Timon Schatz, gekoördineer word. Na sy opleiding deur die nieregeringsorganisasie ORT SA Cape Education sal hy die robotikaprogram vir 15 maande lank aanbied. Enige plaaslike vrywilligers wat belangstel om Timon te ondersteun, kan ons programbestuurder, dr Bernard Rhodes, kontak by [rhodesb@sun.ac.za](mailto:rhodesb@sun.ac.za). **PP**



Gemaak deur kinders tydens die Bou dit-werkswinkel







Lalie Beneke, bibliotekaris in Paternoster se munisipale biblioteek, lees vir die kleintjies van die crèche voor.

“ Die biblioteek is ’n gesellige ruimte vir lees en studeer, sowel as vir ontspanning.”



# Nuwe hoofstukke vir Storiehoek

DEUR JOAN KRUGER

**N**óg opwindende nuwe hoofstukke in die verhaal van Storiehoek, die leesprogram van die Paternoster Project NPC, is vanjaar reeds geskryf.

Elke Donderdagmiddag kom boekeliefhebbers saam by Hoopsig, die kinders se middagtuiste, met die doel om leeslus by die jonges aan te wakker. Stap so van vertrek tot vertrek, en jy hoor hoe die studente- en plaaslike vrywilligers vir groepies kinders stories voorlees, of hoe ouer kinders beurte maak om te lees. In stiller hoekies sit dié wat op hul eentjie wil lees. Vir tieners is daar ’n eie leeskamer waar hulle onder toesig boeke wat hulle self gekies het kan lees.

Al die vrywilligers is baie bewus van die tragiese feit dat baie Suid-Afrikaanse skoolkinders funksioneel ongeletterd is.\* Maar ons gee nie leeslesse nie; ons deel ons liefde vir lees en boeke met die kinders.

Nie al die kinders wat deel vorm van die middagprogram is lief vir lees nie. Ook nie almal kan ewe goed lees nie. Ons probeer vir elkeen voorsiening maak met die soort boeke wat ons kies. Geïllustreerde boeke oor byvoorbeeld motors, humoristiese gediggies, tydskrifte, strokiesverhale – selfs Brolloks en Bittergal – het al weerstand afgebreek en tot besprekings gelei. En as mens sit en brei of teken, kan jy mos luister ook!

Donderdae is wel die amptelike Storiehoektyd wanneer die kinders in groepies onder leiding sit en lees – maar dis niks ongewoons dat daar ook dwarsdeur die week, as daar ’n kansie kom, ’n spontane leesgroepie rondom een van die studentevrywilligers vorm nie.

Lalie Beneke (Paternoster se nuwe dorpsbibliotekaris) het onlangs ’n belangrike hoofstuk tot Storiehoek bygevoeg toe sy deel geword het van die agt Storiehoektannies en een -oom. Sy bring nie net stapels boeke vir voorlees nie, maar maak die biblioteek ’n gesellige ruimte vir lees en studeer, sowel as vir ontspanning. Die afgelope wintervakansie kon oud en jonk daar voor ’n kaggelvuur sit en lees, skaak speel of legkaarte bou. Ook die kleintjies van die crèche kom soggens biblioteek toe om na stories te luister.

Boekeliefhebbers vind mekaar altyd, en ook die tannies wat elke dag vir die kinders kook het nou hul eie informele Storieboekboks: ’n houerskenkingsboek wat in Hoopsig gehou word en waaruit hulle boeke kies en onder mekaar uitruil.

Met die tempo waarteen gelees word, het Storiehoek se eie biblioteek ook kort-kort nuwe boeke nodig. Danksy skenkings van plaaslike boekeliefhebbers, uitgewerye, boekwinkels en ook van die Paternoster Project NPC, kon ons daarin slaag om ’n eie klein biblioteek op te bou. Maar ’n volhoubare bron van inkomste is nodig sodat ons met oorleg nuwe boeke kan koop wat by die kinders se behoeftes pas.

Die antwoord hierop: ’n verjaardagkalender met Adrian Venter se verruklike foto’s van Paternoster. Adrian het hierdie foto’s kosteloos aan die Paternoster Project NPC beskikbaar gestel en die inkomste uit die kalender sal vir die aankoop van boeke gebruik word. Met elke kalender wat verkoop word, word Storiehoek ’n boek ryker.

So help ons ons kinders om die volgende hoofstuk in hul eie lewens te skryf. **PP**

\* Agt uit tien Suid-Afrikaanse graad 4-leerlinge kan nie met begrip in enige taal lees nie. – Progress in International Reading Literacy Study. [PIRLS 2016]





All proceeds will go towards the PATERNOSTER PROJECT NPC'S literacy initiative

# Birthday CALENDAR

PATERNOSTER, SOUTH AFRICA

PATERNOSTER PROJECT NPC

January

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February

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March

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**D**ie Paternoster-verjaarsdagkalender: 'n bedagsame geskenk wat dit vir ons moontlik sal maak om boeke vir ons Storiehoek-biblioteek aan te koop. Die kalender is te koop teen R125 by Voorstrandt Restaurant, Jêrn & Pantoffels en Cathy's Café.





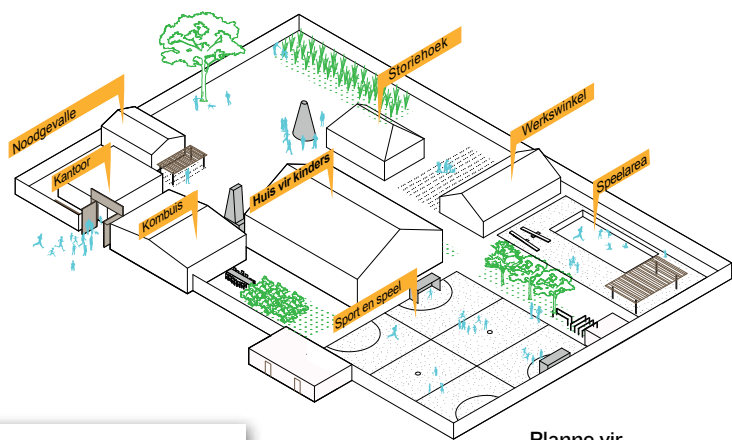
Eerste huis vir kinders danksy Paternoster Vissery



Oorspronklike skeepshouer by St Augustine's Primêre Skool



Tweede huis vir kinders danksy Paternoster Vissery



Planne vir toekomstige huis vir kinders

**“Paternoster Project NPC se doelstelling bly: ‘Om ’n veilige ruimte vir die ontwikkeling van die kinders en jeug van Paternoster te skep’.** ”



“ Ons het ’n droom om ’n nuwe huis te bou wat tot 180 kinders kan akkommodeer.”

## Van skeepshouer tot dorpie

**D**it het alles in Oktober 2016 by St Augustine’s Primêre Skool op Paternoster begin. Vier Duitse vrywilligers het daar opgedaag met boeke, bordspeletjies en sporttoerusting, en ’n ou skeepshouer het as stoorplek vir hulle toerusting, sowel as hulle basis, gedien.

Aangesien lees ’n kernvaardigheid is wat ons graag vir kinders wou leer, is die skeepshouer ook vir Storiehoek gebruik. Met behulp van projekondersteuners – veral Paternoster Vissery – het ons ’n aangename, huislike omgewing vir die kinders probeer skep. Ons het die dak en vensters herstel, die skeepshouer gevef en die binnekant met groot, kleurvolle kussings uitgerus om ontspanning en lees aan te moedig.

Twee jaar later het Paternoster Vissery vir ons ’n nuwe huis – huurgeld pasella – gegee waar die namiddagaktiwiteit aangebied kon word. Dit het nog meer kinders gelok – die getalle het van 40 tot 70 gegroei, met agt vrywilligers om te help.

Hierdie huis het egter vinnig te klein geword en in Maart 2019 het die namiddagprogram na ’n nog groter huis verskuif, weer danksy Paternoster Vissery. Hierdie bekoorlike ou huis, genaamd Hoopsig, het baie spasie en ’n groot erf met plek vir ’n groentetuin.

Die doelstelling van die Paternoster Project NPC bly dieselfde: “Om ’n veilige ruimte vir die ontwikkeling van die kinders en jeug van Paternoster te skep”. Maar wat beteken dit vir 2020? Ons het ’n droom om ’n nuwe huis te bou wat tot 180 kinders sal kan akkommodeer. Dit sou ideaal wees indien die huis deur sportvelde omgrens word, sodat die aktiwiteite daarheen kan skuif. ’n Kombuis kan by die Paternoster-tuin gevoeg en geleidelik ontwikkel word. Storiehoek kan sy eie ruimte kry, met verskillende speelareas en genoeg plek om die lewensvaardigheidsaktiwiteite aan te bied. Dit sal voorwaar ’n dorpie vir kinders kan wees.

Kom ons begin en maak hierdie droom ’n werklikheid. Deur hierdie gesprek by die komende Paternoster Project Konferensie te begin, sal ’n uitstekende vertrekpunt wees. **PP**

## Cathy’s Café open binnekort

**C**athy’s Café, gebou as deel van die Vrywilligershuis, is vernoem na Cathy Kwiatkowski, ’n geliefde Duitse langtermynvrywilliger wat verlede jaar in ’n motorongeluk naby Vredenburg oorlede is. Ingrid Steenkamp, Paternoster Xpress se eienaar, sal die kafee bestuur wat laat in Oktober of vroeg in November 2019 sal open.

“Daar sal iets vir elkeen wees en almal is welkom – plaaslike inwoners én toeriste,” sê Ingrid. “Ons gaan lekker huiskos bedien – ligte etes, toebroodjies en ontbyte – en ook iets wat jy op pad strand toe kan gryp en eet.” Die fokus gaan wees op ongekompliseerde, gehalte trooskos. Waar moontlik, sal die spyskaart in ag neem wat ander ondernemings in die area bedien. ’n “Maaltyd van die dag” kan dalk bedien word, asook tuisgemaakte gelato gedurende die somermaande.

Dis vir ons belangrik dat slegs plaaslike inwoners by Cathy’s Café in diens gestel word. “Elkeen wat hier werk moet verdienstelik en entoesiasties wees, en bewys dat hulle bereid is om hard te werk. Daar is baie mense op Paternoster wat geskik sal wees, hard wil werk en ondervinding wil opdoen. Ek dink dis moontlik om verskeie poste te skep, sommige ook deelyds,” sê Ingrid.

Cathy’s Café het plek vir tot 24 mense en sal bedags oop wees vir ontbyt en middagete. Die kafee kan ook vir klein dagfunksies uitgehuur word. “Ek wil hê Cathy’s Café moet warm en gesellig, verwelkomend, ontspanne, pret en effe *quirky* wees, net soos Paternoster,” glimlag Ingrid.



Ingrid en Sascha

In ’n neutedop? Sy sê die kafee sal ’n gemaklike plek met goeie kos wees, waar

mense uit die gemeenskap bemagtig word deur nuwe vaardighede aan te leer, soos kliëntediens en besigheidsbestuur. Die huurinkomste uit die winkel sal gebruik word vir die huis se instandhouding en om die Paternoster Project NPC se fondse aan te vul.

“Ek het ’n passie hiervoor: ek sien die potensiaal en verstaan die visie,” sê Ingrid. “Ek wil regtig ’n sukses daarvan maak, en as ek kan help om dit so op te stel dat dit werk skep én plaaslike mense inspireer, sal dit my baie gelukkig maak.” **PP**

*Cathy's*  
CAFÉ

# Projekdeelname – die kinders het jou nodig!

'n Kragtige stelling is by die laaste Paternoster Project Konferensie in Oktober 2018 gemaak: Dit is noodsaaklik vir kinders, ouers en belanghebbendes om aan die projek deel te neem ten einde dit volhoubaar te maak. Dit beteken spanwerk en raadpleging is nodig om gesamentlike doelstellings en besluitneming moontlik te maak – en die Paternoster Project Konferensie bied geleentheid hiervoor.

Die gemeenskaplike doelstelling van die Paternoster-gemeenskap sou ideaal gesproke ooreenstem met dié van die Paternoster Project NPC, naamlik om die jeug vir die toekoms toe te rus en die plaaslike erfenis te onderhou. Om hierdie doelstelling te bereik, is dit belangrik dat die hele gemeenskap ingesluit word, veral die ouers en tannies van die gemeenskap met hulle vernuf en ervaring.

Die getal kinders wat na die huis vir kinders kom, groei vinnig. Gedurende die wintervakansie het 105 kinders deelgeneem – te veel vir net agt vrywilligers om te hanteer. Ons sal egter nooit 'n kind wegwys nie, daarom benodig ons in die middag die ondersteuning van die Paternoster-gemeenskap.

Ons vertel julle graag van 'n paar inisiatiewe wat die kinders se lewens positief beïnvloed.

## DIE KOSTANNIES

Toe die kosskenkings vir die namiddagprogram in Desember 2018 opgedroog het, het ses tannies dadelik ingespring om te help. In spanne van twee kook hulle met liefde en passie vir die kinders, van Maandag tot Vrydag. Die huidige kostannies is Muriel Jason, Joleen Coraizin, Elisabeth Jacobs, Juliana Clarke, Sally Kuinders en Evalyn Sampson, wat almal help om die huis vir kinders in 'n tuiste te omskep.

## REFLEKSIEWERKSWINKELS MET DUSTIN CORAIZIN

Dustin het in Paternoster grootgeword en is tans besig met sy meestersgraad in Opvoedkunde aan die Universiteit Stellenbosch. Hy was van die begin af by die projek betrokke en het elke kwartaal op 'n Saterdagoggend vir die Duitse vrywilligers 'n kursus aangebied sodat hulle die kultuur en lewensbestaan van Paternoster beter kon verstaan.

## HUISWERK IN AFRIKAANS

Die Suid-Afrikaanse vrywilligers – Michaela, Anslyn en Candice – is Afrikaans, en daarom kan hulle die kinders in hulle huistaal met huiswerk help. Die vrywilligers is deur dr Jerome Joorst en dr Bernard Rhodes van die Universiteit Stellenbosch gekeur en sal tot in Oktober op Paternoster woon.

## JUNIOR-VRYWILLIGER ALVIRO

Alviro is op hoërskool in Vredenburg en werk in die middag as vrywilliger by die namiddagprogram. Hy word deur die ander vrywilligers opgelei en ondersteun en neem deurlopend meer verantwoordelikhede aan.







René Victor was skottelgoed.

## WERKSWINKEL VIR MA'S

Hierdie werkswinkel is aangebied vir ma's en voogde van kinders wat aan die namiddagprogram deelneem. Die doelwitte was: 'n groter verbintenis tot die program; groter betrokkenheid deur en besluitneming saam met ouers en voogde; om die behoeftes van ouers en voogde vir hulle kinders in die program voorop te stel; samewerking om die kinders tydens die program en tuis optimaal te ondersteun; en beter ondersteuning van ouers en voogde deur die program.

Deelnemers het onderneem om by die program betrokke te raak, en die volgende ma's help in die middag: René Victor, wat die kombuis en badkamer skoonmaak en die kinders se kos opskep; Esmeralda Coraizin, wat ook help met skoonmaak en kos opskep, maar spesifiek fokus op dissipline tydens etenstye; en Candice Kuinders, wat in die kombuis help en kos opskep, maar tans op kraamverlof is. **PP**

## Ter nagedagtenis aan “Milkshake Mike”

**A**lmal op Paternoster het Mike Smuts as “Milkshake Mike” geken. Hy het die heerlikste melkskommels in die hoofstraat verkoop en was almal se vriend. Ons sal sy goedhartigheid, oop hand en ondersteuning van die vrywilligers altyd onthou.

Op sy vriendelike en beskeie manier het Mike 'n positiewe invloed op talle lewens gehad. Hy het die vrywilligers se name geken selfs nog voor hulle op Paternoster aangekom het. Hy het die plaaslike vrywilligers gereeld gevra of hulle iets nodig het en of hy met iets kon help. Net so het die nuwe vrywilligers van Mike geweet lank voor hulle aankoms op Paternoster. Sy melkskommels was legendaries – van Paternoster tot in verre Stuttgart.

Om nuwe vrywilligers op Paternoster te verwelkom, het Mike hulle Tietiesbaai toe gevat om die sonsondergang te bewonder, want hulle karretjie sou gesukkel het op die grondpad. Mike het ook die hele span vrywilligers op 'n uitstappie na Trekoskraal geneem, waarvandaan hulle strandlangs teruggestap het Paternoster toe – dis maar net een van talle ondervindings wat hy so stilweg vir hulle gereël het. Sy missie was om die vrywilligers – wat almal ver van die huis af was – welkom en deel van Paternoster te laat voel. En dit het hy onbaatsugtig en stil-stil reggekry.



Mike saam met die vrywilligers wat in die laaste kwartaal van 2018 op Paternoster was



In liefdevolle herinnering aan Mike het sy vrou, Gail Smuts, die Paternoster Project NPC bly ondersteun deur die vrywilligers se oranje T-hemde te borg. The T-hemde is bedruk met een van Mike se sêgoed: “Don't catch a cold, kiddos!” Ons innige dank aan Gail en die Smuts-familie vir hierdie bedagsame bydrae. **PP**





## Tuinplesier

**T**wee midde per week versorg Paternoster se kinders hulle nuwe kostuim by Hoopsig en wag hulle geduldig dat die kruie en groente moet groei. Die projek het eers vroeg in die winter op dreef gekom, maar die kinders kon reeds van die groente eet en is nou nog méér entoesiasies.

Omdat die grond so hard en arm was, het die kinders eers met die hulp van kenners en vrywilligers slaai, kruie, wortels en radyse in losstaande planthouers geplant. Die ou bome en priële in die tuin is gesnoei en gevoed en sal seker hierdie seisoen suurremoene, koejawels, piesangs en druiwe dra.

Sascha Tünnissen, vrywilliger en direksielid van die Paternoster Project NPC, het saam met Brakkie Bester, die pa van een van die kinders in die program, 'n deel van die tuin skoongemaak en voorberei. Vrywilliger Giulia het saam met Dave Westbrook die mis wat hy geskenk het, ingewerk. Die plantkenner Hedwig Slabig het gehelp met die beplanning en aanplanting van die tuin. Eers is die saailinge in die planthouers geplant. Hedwig woon reeds meer as 25 jaar op Paternoster en is lankal betrokke by die plaaslike gemeenskap. Sy is ook 'n bestuurslid van die Botaniese Vereniging van Suid-Afrika. Vrywilligers Lydia en Muriel het 'n naweek opgeoffer om paadjies in die tuin te bou. Tuinier Jeff Kruger het gehelp met die uithaal van onkruid en instandhouding van die tuin. Magda van Lill gaan help om die tuin te bestuur en sal binnekort die kinders leer hoe om kompos te maak.

Die tuin is eerstens gevestig sodat kinders kan leer hoe kos gekweek word – dat dit nie uit 'n pakkie of die supermark kom nie. Tweedens is die doel dat die tuin eendag sal bydra tot die daaglikse middagetes wat deur die plaaslike tannies vir die kinders voorberei word. Die tuinprojek kan die kinders selfs leer hoe om 'n sakeonderneming te bedryf. En miskien kan hulle eendag aan Cathy's Café kruie verkoop of daar kan kookklasse aangebied word met produkte wat uit die tuin kom.

Hedwig sê die tuin het 'n positiewe invloed op die 10 tot 12 kinders wat deel is van die projek. “Skaam kinders glimlag en gesels en geniet dit om in die tuin te werk,” sê sy, “en die feit dat hulle entoesiasies is en telkens weer kom, is 'n goeie teken.” Die vestiging van die tuin was nie sonder uitdagings nie, maar Hedwig sê sy het nooit moed verloor nie. “Ons moes eksperimenteer, maar dis die enigste manier hoe ons kon vasstel wat werk en wat nie, sodat ons die probleme in die proses kon verstaan vir volgende keer.”







Hedwig werk saam met die kinders in die tuin.



Sascha hard aan die werk in die tuin

Sy sê haar bedoeling met die projek is om die kinders 'n begrip en waardering te gee vir waar kos vandaan kom, en vir die proses van kos kweek. Tuinmaak lei ook tot ander interessante gesprekke, soos die beheer van plae sonder om skadelose insekte dood te maak, voedselsekuriteit en gesonde eetgewoontes. "Tuinmaak is 'n vreemde konsep vir die meeste van die kinders en hulle verwag vinnig resultate; daarom moet hulle leer om geduldig en fluks te wees."

Volgens Hedwig meet sy die sukses van die projek aan "die kinders se gelukkige gesiggies en dat hulle onthou wat hulle geleer het. Die kinders is fantasties en 'n paar van hulle werk baie hard. Ons het nie geweet waartoe die kinders in staat is nie, maar hulle kan baie meer doen as wat ons gedink het. Ons het reeds 'n slaai gemaak met die produkte wat ons gekweek het en al die kinders het daarvan geëet. Ons plant nou nog vrugte, insluitend Kaapse appelliefies."

Hedwig wys egter daarop dat die kinders nie al die werk in die tuin kan doen nie. "Ek leer die kinders hoe om te plant. Ek en Magda werk lekker saam en ek waardeer haar baie, maar tuinmaak op groot skaal is nie haalbaar nie, want die grond is net vir twee jaar beskikbaar en die tuin sal in die somer baie water nodig hê." Hedwig sê dis haar wens dat ouers en grootouders ook by die tuin betrokke sal raak. "Dit sal wonderlik wees," sê sy. **PP**





PATERNOSTER  
*Crayfish*  
WHARF

*Sedert September 2018*

Crayfish Wharf bied oorspronklike kuns,  
heerlike maaltye, handgemaakte geskenke  
en die beste uitsigte in Paternoster.



*Besoek ons vir ware weskus-gasvryheid!*



ONS IS OP DIE HOEK VAN ST AUGUSTINEWEG EN  
KREEFTSTRAAT GELEË; STRAATPARKERING IS BESKIKBAAR.

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PATERNOSTER



# Ontmoet vir Dustin Coraizin

Dustin is 'n lojale ondersteuner van Paternoster Project en gaan binnekort meer betrokke raak by die projek.

## Vertel my 'n bietjie meer van jouself.

**DC:** Ek is 27 jaar oud en is op 'n reënerige dag in Julie 1992 op Vredenburg gebore. Ek het saam met my suster, Aniska, by my ma, Esmerelda, in Paternoster se gemeenskap van sterk vroue grootgeword. Dis waar dat 'n hele dorpie nodig is om 'n kind groot te maak. My vasberadenheid en positiewe dryfkrag kom van my ma – 'n harde werker wat ons geleer het om dinge te waardeer. Ek wou nog altyd graag met die jeug werk en hulle leer om die beste te word wat hulle kan wees. Ek was dankbaar toe ek my BA (cum laude) en honneurs in Opvoedkunde behaal het.

## Hoe het jy by Paternoster Project betrokke geraak?

**DC:** My ma en niggie was by die projek betrokke. Tydens vakansies op Paternoster het my niggie met baie opgewondenheid oor die projek gepraat. Sy het prente van die vrywilligers geteken en ek moes die nuusbriewe hardop vir haar voorlees – soms meer as drie keer!

## Vertel my van jou rol in die projek.

**DC:** Dis nog redelik vloeibaar, want ek reis heen en weer tussen Stellenbosch en Paternoster. Ek help met SWOT-analises vir Paternoster en strategieë om uitdagings te oorkom.

## Wat is die grootste uitdagings wat die kinders ervaar?

**DC:** Hulle het nogal 'n negatiewe omgewing weens afwesige ouers en te min positiewe invloede. Daar is nie gesonde rolmodelle nie en ongelukkig ondersteun hulle ouers en portuurgroep hulle verkeerde gedrag.

## Hoe kan die projek 'n alternatief te skep vir misdaad en alkohol- en dwelmgebruik onder die dorp se kinders?

**DC:** Die probleem is dat die gemeenskap verdeeld is: die ouers wil nie erken dat hulle kinders leiding nodig het wanneer hulle verkeerde dinge doen nie. In Paternoster het ons jong werklose mense wat bedags slaap en snags misdade pleeg. Dis 'n groot bekommernis. Baie kinders gebruik alkohol en dwelms omdat dit maklik bekombaar is. Die projek bied 'n veilige hawe vir kinders en tieners en help om hoop te skep deur vir hulle te wys waartoe hulle in staat is as hulle gefokus bly en hard werk. Die projek hou die kinders ook aktief besig – weg van die strate en van slegte gewoontes af.

## Wat wil jy bereik deur jou betrokkenheid by die projek?

**DC:** Ouers en kinders moet 'n kopskuif maak weg van klein denke na groter ontwikkelingsdoelwitte. Ouers moet met mekaar praat oor hoe om hulle kinders te ontwikkel, en tekortkominge moet geïdentifiseer en hanteer word sodat elke kind sukses kan behaal. Die program moet 'n vorm van herontdekking en bewustheid van groter moontlikhede vir ons kinders wees. Een van my belangrike doelwitte is om te sorg dat kinders erkenning kry waar dit gepas is, en leiding waar nodig. Die program moet ook vir kinders eiewaarde leer sodat hulle dink voor hulle iets doen. Hulle het net leiding nodig – iemand wat in hulle glo en wat vir hulle sê as hulle verkeerd optree, en vir hulle oplossings gee vir struikelblokke.



Dustin Coraizin

FOTO: ANTONIO PASQUALLE / PASQUAL PHOTOGRAPHY

## Watter invloed het die projek op die kinders en die gemeenskap?

**DC:** Van die begin af het die projek 'n positiewe invloed gehad. Kinders sien uit na iets produktief na skool – nie net 'n ete en 'n veilige plek nie, maar ook stimulerende en die ontdekking van nuwe dinge. Hulle leer van die Duitse kultuur en geniet opvoedkundige aktiwiteite en uitstappies wat hulle trots maak. Hulle praat nou Engels met selfvertroue en leer ook Duits praat.

## Wat moet mense weet voordat hulle Paternoster toe kom?

**DC:** Die dorp is 'n unieke plek met daaglikse uitdagings en 'n behoefte aan leiding. Mense moet maklik kan aanpas by verandering en moet positiewe denkers wees. Hulle moet kom met 'n innoverende ingesteldheid om by te dra tot die groei en sukses van ons kinders – selfs al is dit net deur met die kinders te gesels, te speel en saam te lag. Kinders hou van aandag.

## Is daar nog iets wat jy wil byvoeg?

**DC:** Die projek fokus nie net op die kinders van Paternoster nie, maar ook op die ouers, grootouers en wettige voogde. Dit is wonderlik om te hoor hoe positief die meeste gesinne oor die projek is. **PP**

*Om die volledige onderhoud met Dustin te lees, besoek [www.paternosterproject.co.za](http://www.paternosterproject.co.za).*



Almal het die opleiding in kinderkinetika terdeë geniet.



Die dag vir onderwysersopleiding in kinderkinetika was 'n groot sukses en ook baie genotvol.

## Kinderkinetika is 'n grondslag vir lewensvaardighede

**P**aternoster se crèche-kinders het pret en verbeter terselfdertyd hulle grootmotoriese vaardighede. Op Saterdag 3 Augustus het dr Eileen Africa van die Departement Sportwetenskap aan die Universiteit Stellenbosch 'n kinderkinetika-opleidingsdag vir Paternoster se crèche-onderwysers aangebied – en die kinders het ook 'n kans gekry om die oefeninge prakties uit te voer.

Dr Africa, bygestaan deur Nicky de Villiers – vroeër 'n vrywilliger by Paternoster Project en 'n voormalige meestersgraadstudent in kinderkinetika by die Departement Sportwetenskap – het saam met 'n paar ander gekwalifiseerde kinderkinetici ses crèche-onderwysers opgelei in die aktiwiteite wat grootmotoriese vaardighede in kinders ontwikkel. Goed ontwikkelde grootmotoriese vaardighede, soos balansering, vang en klim, is nodig vir die ontwikkeling van fynmotoriese vaardighede, soos skryf, naaldwerk, die gebruik van eetgerei en die oopmaak van houers. Hierdie vaardighede verbeter gefokusde leer, wat die grondslag vir 'n blinker toekoms is.

“Dis makliker om 'n stewige grondslag te vestig as daar vroeër intervensie plaasvind,” verduidelik Nicky. “Kinders kan nog gevorm word as hulle jonk is. Paternoster se kinders het hulp nodig sodat hulle optimaal kan ontwikkel.

“My crèche-projek was om kinderkinetika bekend te stel. Dit het bestaan uit bewegingsessies elke oggend waar kinders aangemoedig is om te beweeg en hulle omgewing te verken, om grootmotoriese ontwikkelingsmylpale te bereik sodat 'n stewige grondslag vir verdere grootmotoriese vaardighede gelê word, en om basiese skoolkonsepte deur beweging te leer.”

Toe Nicky egter haar ses maande as vrywilliger in Junie vanjaar voltooi, was daar niemand om by haar oor te neem nie. Dit het sin gemaak om die crèche-onderwysers basiese opleiding in kinderkinetika te gee en dr Africa en haar span het goedgegunstiglik hulle tyd en kundigheid beskikbaar gestel.

Dr Africa verduidelik dat kinderkinetika fokus op die ontwikkeling van grootmotoriese vaardighede by kinders vanaf geboorte tot 13 jaar. “Elke kind het kinderkinetika nodig omdat dit op ontwikkeling fokus. Ons werk ook met kinders wat agterstande het sodat hulle hul portuurgroep kan inhaal. Ons begin met basiese aktiwiteite by die crèche sodat kinders hulle ontwikkelingsmylpale kan bereik. Dit is belangrik dat kinders hardloop en bal skop – hulle moet eerder buite speel as wat hulle binne sit en TV kyk en op selfone speel. Kinders is veronderstel om te beweeg en nie vir lang tye stil te sit nie.”

Volgens dr Africa moet kinders soveel moontlik tyd daaraan spandeer om hulle omgewing te verken en te leer deur beweging – ten minste 'n uur se fisieke aktiwiteit elke dag. “Beweging laat kinders toe om te leer deur te probeer en te fouteer. Dit lê 'n sterk grondslag vir 'n gesonde, aktiewe leefstyl. Fisieke aktiwiteite het ook 'n positiewe invloed op begrip, gemoedstemming, aandagspan en akademiese prestasie – en dit help met nieverbale kommunikasie. Deur beweging maak ons kontak met ander

“Elke kind het kinderkinetika nodig omdat dit op ontwikkeling fokus. Ons werk ook met kinders met agterstande sodat hulle kan inhaal.”







Onderwysers word opgelei in kinderkinetika.



mense, want dit bevorder sosiale ontwikkeling. Laat kinders daarom saam speel, hardloop, spring, hop, touspring en bal skop.”

’n Kind het 200 tot 600 minute nodig om ’n vaardigheid aan te leer. Dit gaan alles oor inoefening, wat beteken dat kinderkinetika ’n daaglikse oefening vir onderwysers en kinders moet wees. Die onderwysers is eers opgelei en daarna moes die kinders die oefeninge prakties uitvoer. Dr Africa het vir die onderwysers ’n boekie met aktiwiteite asook idees vir alternatiewe toerusting gegee, wat dit vir hulle maklik sal maak om hierdie daaglikse roetine te implementeer. ’n Boks bordkryt en ’n paar klippe is al wat nodig is vir party van die aktiwiteite; geen spesiale toerusting word benodig nie. Dit sal goed wees om die kinders se vordering te monitor en dr Africa stel voor dat vrywilligers kan help om vorderingsverslae op te stel.

“As kinders nie op ’n vroeë ouderdom grootmotoriese vaardighede aanleer nie, kan hulle sosiaal en op skool swaarkry; daarom is kinderkinetika regtig belangrik. Ek het werklik die dag geniet. Dit was positief en interaktief en het ook my oë oopgemaak,” sê dr Africa.

Rachel Cloete, hoof van die crèche, sê die opleidingsdag was baie genotvol. “Dr Africa het ons almal ingesluit en ons het baie geleer. Ons wil dit elke dag doen nadat die kinders soggens hulle pap geëet het, maar ons

moet nog ons toerusting regkry. Gewoonlik kon die kinders nie wag vir Nicky om die kinderkinetika te kom aanbied nie. Noudat ons die basiese opleiding het, kan ons dit self vir ons kinders doen.”

Rachel meen dat een opleidingsessie vir die onderwysers genoeg was en dat almal dit goed verstaan het. “Ons het ook geleer daar is nie iets soos ‘kan nie,’” voeg Rachel by. “Ek het regtig baie geleer en ons almal het dit geniet – en al die kinders geniet kinderkinetika. Baie dankie aan dr Africa en haar span dat hulle hul naweek opgeoffer het om ons te kom leer. Ek waardeer dit opreg en sê ook dankie aan Maike wat die opleiding gereël het.”

Halfpad deur die opleiding het almal ’n heerlike middagete van lasagne en ’n groenslaai geniet wat deur ’n vrywilligerkok, tannie Annie Clarke, voorberei is. Dit het almal ’n hupstoot gegee vir die middagessie. **PP**



## Jolyt met kunsvlyt

“**E**k het kunsvlyt as deel van die projek se werkwinkels aangebied. Ek sou graag wou vertel hoe ek die afgelope 12 weke ’n wonderlike strategie uitgewerk het om die kinders in stille afwagting te laat sit sodat ek individueel aangepaste, optimaal voorbereide kunslesse met ’n praktiese komponent kon aanbied. Maar dan sou ek jok. Eintlik het ek te midde van die chaos van verbesmeerde hande en klere geleer om nie paniekbevange weg te hol nie, maar om eerder te lag en alles te aanvaar wat ek gewoonlik desperaat sou probeer verhoed het sodat ek nie van stres uitbrand nie. Die kinders het vet pret, dis duidelik, maar dis moeilik om so ’n situasie te hanteer as jy selfs net effens puntenerig is.

“Die kinders geniet dit om snaaks aan te trek en grimering te dra. Ek kan jou verseker dat die graad 7-“gangsters” met pienk hooftooisels en Harry Potter-brille voor jou gaan kom staan en ’n selfie sal wil neem terwyl hulle tong uitsteek. Met al die verskillende take wat die kinders voltooi het, het ons ook baie geleer van hulle idees oor skoonheid en rolmodelle.”

*Soos vertel deur Katharina Kapp, onderwysstudent van die Universiteit van Heidelberg, Duitsland*



Die kinders tooi hulself op.



**Die boom** is ’n simbool van krag. Die kinders se handafdrukke simboliseer die groter prentjie en wys dat ons saam sterk is.



**Die boot** was ons eerste projek en integreer die projek met Paternoster. Die kinders het hulleself voorgestel as lede van die bemanning. As die boot se bemanning – van kinders en vrywilligers – vaar ons almal saam na dieselfde doel.





## Sport vir almal

**D**ie eerste sportbyeenkoms van die Paternoster Project NPC, in samewerking met die Departement Sportwetenskap van die Universiteit Stellenbosch, het op 15 en 16 Maart plaasgevind. Drie professore en tien studente het vir die naweek Paternoster toe gekom. Dr Wilbur Kraak het in die vergadersaal van die Paternoster-hotel aan 12 rugbyspelers van Paternoster opleiding gegee in A-vlak-rugbyafrigting.

Sportgeleenthede het op verskillende plekke in Paternoster plaasgevind, onder andere op die strand, in die gemeenskapsaal en op die rugbyveld. 'n Pretgeleentheid vir gesinne is ook in die gemeenskapsaal aangebied waar kinders, ma's en studente saam aërobiese oefeninge gedoen het.

Dr Kraak en die studente was baie tevrede en opgewonde oor die vlak van belangstelling en deelname van Paternoster se mense. Dit was die eerste byeenkoms van hierdie aard en daar sal in die laaste kwartaal van 2019 weer een gehou word. Daarna sal dit elke kwartaal plaasvind. **PP**

**“Sportgeleenthede het op verskillende plekke in Paternoster plaasgevind, onder andere op die strand, in die gemeenskapsaal en op die rugbyveld.”**





## Van die Weskus na Kirstenbosch

DEUR JOAN KRUGER

**K**irstenbosch Nasionale Botaniese Tuin. Die plek waar jy moet hande vat om 'n yslike boomstam te kan omhels. Die plek waar dinosaurusse agter oeroue broodbome uitloer. En waar jy op die “Boomslang” hoog tussen die boomtoppe kan loop.

Dis dié paradys wat vanjaar vir 'n dag deel geword het van ons kinders se lewens, danksy 'n borgskap van prof. Arnold van Zyl, president van die Koöperatiewe Universiteit van Baden-Württemberg in Duitsland.

“Ons Weskuskinders moet ook die land se mooi bome leer ken,” het hierdie natuurliefhebber by die vorige internasionale konferensie van die Paternoster Project NPC in Oktober 2018 besluit. Hy het dadelik daad by die woord gevoeg deur busvervoer Kirstenbosch toe te borg.

Die uitstappie was nie net vir pret en plesier nie. Dit moes ook opvoedkundig wees. Die Kirstenbosch-tak van die Botaniese Vereniging van Suid-Afrika was van die begin af gretig om dit vir die kinders 'n onvergeetlike dag te maak. Hulle het die groep se toegang tot die tuin geborg en vier van hul voorste gidse – Cathy Jenkins, Dot Malan, Carol Cornell en Hannie van Wieringen – het aangebied om die kinders kosteloos deur die tuin te begelei.

Om vir die besoek voor te berei, het die Botaniese Vereniging vir Storiehoek 'n stapel werkboeke en plakkaat oor fynbos gegee. Met ander skenkersgeld het ons nóg boeke met ekologiese temas aangeskaf.

Die opwinding was tasbaar toe die bus die groep vroegoggend op 20 Maart kom oplaai het: 45 kinders, reeds mooi in groepe verdeel, onder die sorg van studente- en plaaslike vrywilligers. Die Paternoster Project NPC het pragtige groen T-hemde laat druk en die vrywilligers het piekniekkos ingepak.

Die kinders het wel al foto's van Kirstenbosch gesien, maar niks kon hulle voorberei op die uitgestrektheid van die tuin, op Tafelberg wat bokant alles uittoon, die helder bergstrome en die enorme woudbome nie.

“Sjoe, Tannie, dis gróót!”

Al hul sintuine is geprikkel. Hulle moes stil luister na die voëls, fyn oplet na ligene op boomstamme en rotse, aan medisinale blare ruik en met hul vingers die Braille-geskrifte natrek. Die gidse het verduidelik waarom jong woudbome so mooi regop groei, en was ingenome toe 'n kind hul aandag op 'n piepklein sampioentjie langs die voetpad vestig.

Terwyl die woeligste kleingoed ná die piekniekete teen die groen grashellings afgerol het, het die gidse vir oulaas gesels met dié wat nog meer van plante en bome wou weet.

Dit lyk of daar reeds 'n paar opkomende plantkundiges in ons midde is! **PP**



“ Die uitstappie was nie net vir pret en plesier nie. Dit moes ook opvoedkundig wees.”





## Straatfiksheidsfasiliteit open in Oktober

**L**iggaamlike en geestelike welsyn is die grondslag vir positiewe ontwikkeling by kinders. Die kinders in die program kom direk van die skool af na Hoopsig, die kinders se huis, en leer in die middag lewensvaardighede aan deur lekker aktiwiteite te doen. Die kinders kry ook middagete wat deur vrywilligers uit die gemeenskap voorberei word.

Ons het opgelet dat hoewel baie kinders energiek is, hulle nie veel blootstelling aan sport en fisieke oefening kry nie. Gevolglik is hulle ongedissiplineerd en geneig om nogal aggressief op te tree in konfliktsituasies. Die Duitse stigting het koppe bymekaar gesit om hierdie probleem op te los en het gemeen 'n soort hindernisbaan, genoem *parkour*, kan dalk die situasie verbeter. *Parkour* werk met verskillende stukke toerusting wat geskik is vir klim, hang en swaai, maar maak ook voorsiening vir fiksheidsoefeninge, soos opstote en optrekke. Die *parkour*-fasiliteit sal op 'n area van ongeveer 150 m<sup>2</sup> langs Hoopsig opgerig word. Dit sal omhein word, toegangsbeheer sal vir veiligheid sorg, en 'n vrywilliger sal daar toesig hou.



Die Paternoster Project NPC sien uit na die installering van hierdie sportkonsep in samewerking met die Departement Sportwetenskap van die Universiteit Stellenbosch. *Parkour* is geskik vir mense van alle ouderdomme vanaf ses jaar en ouer.

Die nodige fondse vir die oprigting van die *parkour*-fasiliteit is bekom deur 'n skenking uit 'n fonds vir Duitse nuwingsgewende organisasies wat ontwikkelings- en samewerkingsprojekte ondersteun. Die opening van die fasiliteit word beplan vir die middag van 23 Oktober gedurende die 3e Paternoster Project Konferensie. Ons nooi julle uit om by ons aan te sluit. **PP**





# GOLWE VAN *verandering*

DEUR REBEKAH FUNK



**D**ie helderoranje baadjies van die Paternoster Project NPC se vrywilligers vorm 'n treffende kontras met die gedempte kleurpalet van hierdie dorpie aan die Weskus. Hier is amper al die geboue wit geverf, met net hier en daar die aksent van 'n blou deur of vensterluik, en omgewe deur die aardse skakerings van see, sand en lug.

Net soos hulle baadjies, staan die projek se studentevrywilligers uit in hierdie hegte gemeenskap. Hulle het hulleself bewys as 'n bron van positiewe verandering in Paternoster deur jongmense vir die toekoms toe te rus terwyl hulle verseker dat die plaaslike erfenis bewaar én waardeer word.

“Ons sien groot potensiaal in elke kind, ongeag hulle omstandighede. Ons wil hulle

'n stewige grondslag vir 'n gesonde en vervullende lewe gee,” verduidelik die projek se bestuurder, Maike Reinhardt.

“Ons probeer hierdie visie bereik deur ontwikkelingsamewerking – bemagtiging, mobilisering en integrering van plaaslike deelname in die eerste plek, en soveel moontlik daarvan.”

“Ons werk is gerig op sowat 250 kinders tussen die ouderdom van 4 en 15 van die Educare-sentrum en St Augustine’s Primêre Skool. Ons leer hulle belangrike lewensvaardighede wat geïdentifiseer is deur die ouers, die gemeenskap, ons vennote by die Universiteit Stellenbosch en die stigting.

In sy transformasiewerk glo die organisasie dat ontwikkeling van onder af moet begin. “Sonder Paternoster is niks vir Paternoster nie,” beklemtoon die plaaslike entrepreneur en voormalige skipper, André Kleynhans van Anker Bouers, wat baie van sy tyd en konstruksiekennis daaraan gewy het om die projek te laat slaag.

Die tannies maak kos, die ma’s lees en die plaaslike ondernemings skenk gratis arbeid, kos en boumateriaal. Van die begin af was daar volgehoue deelname en ondersteuning van die gemeenskap – en dis hulle vertroue in die projek wat die verskil maak.



## 'N GEDEELDE VISIE

Die Paternoster Project NPC, wat in 2016 gevestig is, het begin met 'n foonoproep tussen Christian Neuber, 'n Duitse uitgewer-filantroop, en 'n vriend by Paternoster Vissery. Christian het 'n wynplasia naby Stellenbosch besit en wou sy finansiële hulpbronne (en liefde vir geletterdheid) gebruik om minderbevoorregte kinders te help.

Christian en sy vrou, Katrin, het in 2015 toevallig op hierdie spesiale hoekie van die Wes-Kaap afgekom. Hulle is dadelik deur Paternoster se sjarne bekoor, maar het ook bewus geraak van die dringende probleme in die gemeenskap: hoë werkloosheid, alkoholisme en die verskanste marginalisering van die inheemse bevolking.

Paternoster se vernaamste industrieë – vissery en toerisme – was albei seisoenaal en dit het die lewensbestaan van inwoners en hulle gesinne beïnvloed. Dit was moeilik om 'n vaste inkomste te verdien; mense het nie geld gehad vir kos en hulle kinders se skoolgeld nie. Kinders het al hoe meer begin stokkiesdraai en party leerders het heeltemal opgehou skoolgaan. Onbewus van hulle eie potensiaal, was jong mense toenemend in die versoeking om hulle oor te gee aan drank, dwelms of klein misdade om die verveling hok te slaan.

Tog het die Neubers opgelet dat daar baie energie en plaaslike talent in Paternoster is om hierdie struikelblokke te oorkom. Hulle het bande met die gemeenskap begin smee en 'n gesamentlike span bekwame Duitsers en Suid-Afrikaners byeengebring wat hulle gedeelde visie kon verwesenlik.

## BOU VAARDIGHEDE – VIR 'N LEEFTYD

Dit is duidelik dat die mense hier omgee – en sommer baie – oor die toekoms van hulle pragtige dorp. Danksy die Paternoster Project NPC word hulle nou toegerus met die gereedskap en hulpbronne om hierdie toekoms te beskerm.

Die projek is regdeur die jaar aan die gang met die hulp van verskeie belanghebbers uit Duitsland en Suid-Afrika. Die grootste finansiële ondersteuning kom van Christian se Duitse stigting, *Kinder fördern – Zukunft stiften*, wat 'n verskeidenheid van aktiwiteite befonds: 'n naskoolse program met voedsame tuisvoorbereide etes, interessante weeklikse storietye, praktiese tuinmaaklesse, temagerigte vakansieklubs, ambisieuse bouprojekte en ouerskapsseminare, aangebied deur kundiges.

Hierdie pogings word versterk deur nuwe spanne vrywilligers vanaf die universiteite van Baden-Württemberg (Duitsland) en Stellenbosch (Suid-Afrika). Hulle kom na Paternoster om hulle tyd en akademiese kennis in 'n praktiese opset te kom deel. Die meeste bly drie maande, ander langer – die projek se huidige langtermynvrywilliger, Caro Zobel, woon reeds 15 maande op Paternoster en het 'n hegte band met lede van die gemeenskap gesmee. Die vrywilligers studeer (of het reeds gegradeer) in onderwys, terwyl ander spesialiseer in vroeë kinderontwikkeling, jeugwerk, musiek en teater, sportafrigting en kinderkinetika. Almal wil graag die kinders van Paternoster sien floreer.

'n Beduidende mylpaal? Vanjaar het die projek sy eerste “junior-vrywilliger” opgelei. Hy is 'n plaaslike hoërskoolleerder wat te oud geraak het vir die program, maar wat nogtans wou terugkeer om sy tyd te bestee aan 'n organisasie wat sy lewe verander het.



Van links: Christian (stigter en filantroop), André (bouer van die Vrywilligershuis), Maike (Paternoster Project NPC se bestuurder).



**“In sy transformasiewerk glo die organisasie dat ontwikkeling van onder af moet begin. ‘Sonder Paternoster is niks vir Paternoster nie.’ ”**

Caro Zobel, 'n langtermynvrywilliger van Duitsland, saam met junior-vrywilliger Alviro van Paternoster







**“ By Hoopsig, die nuwe huis vir kinders, kan die projek meer kinders van graad R tot graad 7 akkommodeer.”**

### 'N HUIS VAN HOOP

Een van die sleuteldoelwitte van die Paternoster Project NPC was nog altyd om 'n veilige ruimte vir kinders sowel as vrywilligers te skep – 'n plek waar hulle net hulleself kan wees en kan leer deur te speel.

Die namiddagprogram het gou te groot geraak vir die beperkte ruimte by die projek se aanvanklik tuiste, St Augustine's Primêre Skool. Vrywilligers het leiding gegee met sang- en danslesse; kuns en kunsvlyt; sport soos sokker, joga en rugby; briekdans; tegniese LEGO-uitdagings; en Duits vir beginners.

Vir sommige kinders was dit soos 'n hele nuwe wêreld wat oopgaan – hulle het begin leer dat hulle in sekere dinge uitblink; dat hulle potensiaal in die lewe meer belowend is as wat hulle gedink het. Die naskoolse program het 'n daaglikse hoogtepunt geword waar hulle kon vriende maak, versorg voel, en positiewe rolmodelle onder plaaslike en internasionale vrywilligers sien.

Welwetend dat hulle waardevolle werk slegs in 'n groter ruimte voortgesit sou kon word, het Paternoster Vissery vanaf 2018 tot 2020 'n venue in die middel van die dorp beskikbaar gestel. Hierdie huis vir kinders, Hoopsig, het beteken dat die projek meer kinders van graad R tot graad 7 kon akkommodeer.

As 'n mens daar instap, sien – en hoor – jy dadelik orals tekens van kinders: hulle rugsakke aan hakies teen die mure, kleurvolle handafdrukke en muurskilderye van vloer tot dak, en hulle uitroepe van plesier wanneer hulle mekaar buite op die speelgrond met sy visvangtema jaag.

In die kombuis is die “Goue Oues” (die tannies wat elke dag warm middagetes kook) druk besig om stomende potte kerrie en rys te maak volgens hulle oumas se resepte. Vir hulle is dit 'n plesier om hulle gemeenskap te dien deur kos te maak – 'n belangrike kulturele tradisie wat aan die nuwe generasie bekendgestel word.

Wanneer die kos klaar is, kom die kinders in. Hulle gaan was hulle hande, lê weg aan 'n smaaklike ete en borsel gou tande voordat hulle weer buite gaan speel.

Van die kinders saam met twee van die tannies wat elke dag middagete kook







Die Vrywilligershuis op Paternoster

## PLANT 'N SAADJIE

Hoopsig gaan platgestoot te word om plek te maak vir 'n nuwe ontwikkeling in die area. En met die toekoms van hierdie veilige plek in onsekerheid gehul, het die Paternoster Project NPC-leierskapspan weer eens groot begin droom.

Hulle visie? 'n Nuwe “kinderdorpie” – met 'n huis groot genoeg om tot 180 kinders te akkommodeer, en toegewysde ruimtes vir die verskillende lewensvaardigheidslesse. Binne-in, 'n goed toegeruste kombuis, en buite, 'n groter gemeenskapstuin, speelgrond en aanliggende sportveld.

“Ons beskou sport en beweging as 'n essensiële deel van ons program en as noodsaaklik vir die ontwikkeling van ons kinders,” verduidelik Maïke.

“Ons het 'n uitstekende verhouding met die Departement Sportwetenskap van die Universiteit Stellenbosch – hulle bied liggaamlike opvoeding vir alle ouderdomme en vermoëns aan en het 'n hoogs suksesvolle kinderkinetikaprogram by die plaaslike crèche gevestig. Aangesien ons dikwels nie die toerusting en geriewe het om hierdie inisiatiewe ten volle op 'n groter skaal te laat realiseer nie, sal 'n kinderdorpie deurslaggewend wees om die areas waarin kinders kan speel te verbeter en uit te brei.”

## DOL OOR BOEKE

“Boeke was my reddingsboei toe ek in 'n afgeleë dorpie grootgeword het,” sê Joan Kruger. “Ek sou wou hê dat dit vir elke kind so moet wees; ons het almal 'n bietjie lewensredding nodig.”

Dit was hierdie volgehoue liefde vir woorde wat gelei het tot Joan se 50 jaar lange loopbaan in tydskrifte en uitgewery, 'n PhD in linguïstiek en, nadat sy vyf jaar gelede Paternoster toe getrek het, tot Storiehoek-leestyd. Joan is een van 'n handvol storiëttantes wat hulle bes doen om lees pret te maak. Hulle besoek Paternoster Project NPC se naskoolse program elke week met hulle arms vol nuwe boeke.

“By Storiehoek hoor ons so dikwels: ‘Ag, ek kan nie lees nie.’ Dan vra ons hulle om eerder te sit en luister. En dan maak ons staat op die stories om hulle wonderkrag te laat werk en stadigaan hierdie ‘kannielesers’ in te katrol,” verduidelik Joan.



Joan Kruger, Storiehoek se bestuurder, lees vir die kinders.

## Lees vir lesertjies

Storiehoek is op soek na entoesiastiese vrywilligers om een keer per week (tans Donderdagmiddae) by Hoopsig in Engels, Afrikaans en Xhosa vir die kinders te lees. As jy dalk eerder jou gunsteling kinderboek wil skenk, neem dit gerus na Cathy's Café of die plaaslike biblioteek. Ons verwelkom boekskenkings.



Jy kan ook Paternoster Project NPC se nuwe verjaarsdagkalender met die mooi foto's van Voorstrandt se Adrian Venter koop. Die kalender is te koop vir R125 by Voorstrandt Restaurant, Jêrn & Pantoffels en Cathy's Café.

Ons gaan die inkomste uit kalenderverkope gebruik om boeke vir die Hoopsig-biblioteek te koop.



**“ Ons sal al die kinders van Paternoster se lewens in iets beters omskep, selfs al moet ons dit kind vir kind doen.”**



Al is dit nie bedoel as 'n remediërende leesprogram nie, het baie leerders se skoolpunte in Engels en Afrikaans verbeter omdat hulle by die projek deur tweetaligheid omring word.

Die plaaslike bibliotekaris, Lalie Beneke, sê sy het 'n nuwe tendens opgemerk: kinders kom besoek die biblioteek “sommer vir die lekker”. Sy ondersteun die Storiehoek-missie ook buite die naskoolse program deur 'n ruimte te skep waarvan kinders en tieners deel voel – met boeke en tydskrifte die middelpunt.

In die winter is daar 'n knetterende vuur en 'n plek waar kinders kan skaak speel. Gedurende vakansies reël Lalie temagerigte vakansieklubs en fliëksessies met springmielies. Dit het nog 'n dinamiese, veilige gemeenskapsruimte geword waar almal welkom is, asook 'n voorbeeld van wat kan gebeur wanneer plaaslike inwoners bereid is om 'n bydrae te lewer.

### MEET DIE POSITIEWE IMPAK

“Elke teken van betrokkenheid is 'n sukses,” sê Paternoster-boorling Dustin Coraizin, wat skoolhou by Rietenbosch Primêr op Stellenbosch, maar so dikwels moontlik Weskus toe kom om die vrywilligers te ondersteun.

Hy is net 27 jaar oud, maar weet hoe 'n stryd dit is om dit “te maak” in 'n gemeenskap waar so min werk beskikbaar is. Hy het in dieselfde strate gespeel en het met baie van dieselfde uitdagings te doen gehad as kind van 'n hardwerkende enkelouer. Tans is hy besig met sy meestersgraad aan die Universiteit Stellenbosch en probeer hy ander jong mense van Paternoster wys wat gedoen kan word.

“Ek het altyd my ma se dryfkrag bewonder. Sy het 'n voltydse werk gehad en het steeds tyd gemaak om met gemeenskapsprojekte te help. Sy het my oë oopgemaak ... om te strew na iets beters, nie net vir myself nie, maar vir die toekoms van die groter gemeenskap. Hierdie projek fokus nie net op die kinders van Paternoster nie, maar ook op die ouers, grootouers en wettige voogde.”

Dustin voeg by: “Ons gemeenskap en die regering moet besef dat as 'n individu bewus raak van die eindelose moontlikhede wat op hulle wag – veral ons kinders van Paternoster – hoe groot kan daardie deel van Suid-Afrika dan nie word nie? Ons sal al die kinders van Paternoster se lewens in iets beters omskep, selfs al moet ons dit kind vir kind doen.”

In Oktober vanjaar kom die projek se belanghebbers byeen om die vordering gedurende die jaar te evalueer. Die jaarlikse Paternoster Project Konferensie wil die projek se positiewe maatskaplike impak meet en ook verantwoordbaarheid, oop kommunikasiekanale en geesdrif vir die toekoms bevorder.

Dit kan moeilik wees om in die vroeë stadiums van 'n projek soos hierdie die impak wetenskaplik te kwantifiseer. Die Paternoster Project NPC het twee navorsers van die Universiteit Stellenbosch wat aan die Weskus gebore is, gevra om die mylpale in die komende jare te meet: dr Jerome Joorst en dr Bernard Rhodes.

“As navorsers analiseer ek die impak wat die NPC op die plaaslike erfenisbewaring en vaardigheidsopvoeding van die leerders in die program maak, asook op die gemeenskap as 'n geheel,” sê Jerome, wat spesialiseer in opvoeding in landelike gebiede. “Ek is geïnteresseerd in wie hierdie kinders kan word as gevolg van hierdie program.

“Die uitdagings waarvoor kinders te staan kom omdat hulle gebore is in omstandighede waarvoor hulle min beheer het, maak 'n mens nederig,” voeg hy by. “Om in hulle lewens toegelaat te word is in die eerste plek 'n eer, om met hulle te werk is bevredigend, en om 'n verskil in hulle lewens te maak, is die uiterste dopamien vir die menslike gees.”





## VERANDERENDE GETYE

'n Stap langs Paternoster se uitgestrekte strand lewer verborge skatte op – wat inspoel en, dikwels, weer uitspoel – met elke nuwe brander wat breek. Hierdie klippies, skulpe en seewierlinte sê vir ons dat verandering onvermydelik is – dat nuwe winde storms én voorspoedige vangste kan bring; terugslae sowel as oorwinnings.

Dis 'n gewaarwording wat blywende hoop bring te midde van ontsaglike uitdagings, sê Maike – tye van folterende afwagting, soms frustrasie, of die finansiële onsekerhede wat kom omdat die behoeftes van hierdie dinamiese projek so oorweldigend vinnig groei.

“My ervaring het my geleer dat bemoediging altyd volg op moedeloosheid – beide die op en die af is noodsaaklik om te leer en te ontwikkel,” sê sy.

Die jaar 2019 het opwindende veranderinge meegebring – die nuwe Vrywilligershuis is nou voltooi en gereed om sy deure vir die gemeenskap te open. Die huis is deels blyplek, deels kafee en deels konferensiesentrum – 'n sosiale ontmoetingsplek waar vrywilligers 'n welkom-braai of werkwinkel vir plaaslike onderwysers en crèche-personeel kan hou.

Dié landmerkgebou sê die projek is hier om te bly, wat die gety ook al bring. Daar's nog baie om te doen en te leer van 'n gemeenskap met so 'n ryk kultuurerfenis soos Paternoster.

Vir Caro, die langtermyn- Duitse vrywilligerstudent wat al meer as 'n jaar in die dorp deurgebring het, was die grootste lesse nie dié wat sy vir die kinders geleer het in die “gestruktureerde chaos” van die naskoolse program nie. Danksy haar tyd in Suid-Afrika sien sy nou die wêreld op 'n heel ander manier; dit het haar vasgestelde optrede en persepsies uitgedaag. Caro hoop dat almal wat Paternoster besoek, hulle pas stadiger sal maak, dat hulle 'n bietjie langer sal bly, plaaslike mense ontmoet en hierdie Weskus-juweel sien soos wat sy dit sien. Sorgsaam. Moedig. Veerkragtig.

En tot barstens toe vol potensiaal. **PP**

## Paternoster het jou nodig!

Is jy met vakansie in of naby Paternoster? Kom kyk dan na die projek in aksie.

- Reël vooraf 'n begeleide toer deur die naskoolse program by Hoopsig en die onlangs voltooide Vrywilligershuis en kafee.
- Skenk jou tyd, vaardighede, materiale of geld – 'n bietjie kan baie vermag om die lewens van Paternoster se jong mense te vorm en 'n beter toekoms vir die hele Weskus te skep.
- Maak 'n donasie ten bate van ons droom van 'n nuwe “Paternoster-kinderdorp”.
- Volg die vordering van die projek: bestel 'n eksemplaar van die gedrukte nuusbrief of laai die digitale weergawe van ons webtuiste af.



Om meer uit te vind, 'n vrywilliger te word of 'n skenking te maak, besoek [www.paternosterproject.co.za](http://www.paternosterproject.co.za).

## Baie dankie vir al die donasies wat gedurende 2019 aan die Paternoster Project NPC gemaak is

**S**oveel mense het donasies aan die Paternoster Project NPC gemaak en ons is opreg dankbaar vir elke bydrae – groot en klein. Dankie aan al die donateurs, aan ons bekend of anoniem.



Hierdie spaarbussie, "Kids' House", is ontwerp deur Dianne Heesom-Green. Dit is 13 x 12 x 10 cm groot en word deur die Paternoster Project NPC aan restaurante, winkels en hotelle in Paternoster verskaf om geld in te samel. Indien jy een benodig, kontak ons gerus via ons webtuiste.



**“Dankie aan Paternoster se gemeenskap vir al die harde werk agter die skerms, en vir julle vertroue in hierdie wonderlike geleentheid.”**





### FINANSIËLE DONASIES

André Kleynhans, Zisler-familie,  
Sascha Tünnissen, EARSANDEYES,  
Jan van Berg,  
W. Markgraf GmbH & Co KG,  
Margarethe Nath,  
Arnegger-familie

### ADRIAN VENTER

Foto's vir die  
verjaarsdag-  
kalender

### KOS

André Kleynhans, Ulrike  
Eichler, Leeto Restaurant,  
Gaajtjie Restaurant

### URO ERICHSEN (KUNSTENAAR)

Geld uit  
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Bus geborg vir  
die Kirstenbosch-  
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**J**y kan ook 'n bydrae maak vir die kinders se daaglikse maaltye. Kies watter dag van die week asook hoeveel maaltye jy wil borg. Ons het altesaam R2 000 per dag nodig om daagliks een warm ete aan die kinders te voorsien. Besoek [www.paternosterproject.co.za/donate](http://www.paternosterproject.co.za/donate) om te kies hoeveel jy wil skenk.



**Paternoster Project NPC**  
Nedbank  
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Indien jy 'n bydrae wil lewer tot die werk wat onder Paternoster se kinders gedoen word en betrokke wil raak by hierdie positiewe verandering, sal jou donasie van goedere of fondse opreg waardeur word. Vir meer inligting oor wat presies nodig is, besoek [www.paternosterproject.co.za/donate](http://www.paternosterproject.co.za/donate).

# 3e PATERNOSTER PROJECT KONFERENSIE

23–25 Oktober 2019

By Gelukkie, Paternoster, Suid-Afrika

**D**ie 3e Paternoster Project Konferensie vind vanaf 23 tot 25 Oktober op Paternoster plaas. Dié jaarlikse geleentheid sluit afgevaardigdes uit Suid-Afrika, Namibië en Duitsland in wat verskillende universiteite en opvoedkundige instellings verteenwoordig, asook die plaaslike munisipaliteit, nieregeringsorganisasies, plaaslike leiers, vrywilligers en ander belanghebbende partye.

Onderwerpe wat vanjaar bespreek sal word sluit in: die moontlikheid van 'n nuwe huis vir kinders – nog 'n veilige hawe vir die ontwikkeling van Paternoster se kinders, die verdere ontwikkeling van 'n volhoubare lewensvaardigheidsprogram, en die doeltreffende samewerking tussen Suid-Afrikaanse en Duitse universiteite om prosesse daar te stel om die sosiale impak van die projek te bepaal.

*Vir meer inligting, besoek [www.paternosterproject.co.za](http://www.paternosterproject.co.za).*

“Om die jeug van Paternoster toe te rus vir die toekoms en om die plaaslike erfenis te onderhou.”



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